



# THE ACHILLES CLUB

## 2008

### PRESIDENT

**Sir Thomas Macpherson of Biallid CBE MC TD DL** (Oxford)

### VICE-PRESIDENTS

**H. Robert H. Stinson MBE** (Cambridge)

**Donald C.E. Gorrie OBE** (Oxford)

**Timothy M. Taylor** (Oxford)

### CHAIRMAN

**Dr Dewi W. Roberts** (Cambridge)

### COMMITTEE

**Mark S. Steed** (Cambridge) US Matches and Schools Relays

**Tom Dowie** (Oxford) Achilles Dinner

**Alan James** (Cambridge) Varsity Match

**Dr Robert Harle** (Cambridge) Webmaster

**Matthew Buck** (Cambridge) Kit – matt.buck@achilles.org

**Vicki Goodwin** (Oxford) – Achilles Ball

**Air Commodore John G. De'Ath MBE** (Oxford)

**Mike Collins** (Cambridge)

**Louise Steele** (Oxford)

**Geoff Hill** (Cambridge)

**Sally Hughes** Past President OUAC

**Humphrey Waddington** Past President CUAC

**Alan Chetwynd** President OUAC

**Jon Cook** President CUAC

**Carolyn Plateau** Hon. Sec. OUAC

**Alex Bates** Hon. Sec. CUAC

**Emily Binner** Women's Captain OUAC

**Lucy Spray** Women's Captain CUAC

**David Nefs** Men's Captain CUAC

**Dane Austin** Men's Captain OUAC

**Dr. Simon Clarke** Hon. Treasurer, OUAC

**Christopher L. Pratt** Hon. Treasurer, CUAC

### Team Managers

**Cassie Beasley** (Cambridge) 07970 490008 [Cassiebeasley@eversheds.com](mailto:Cassiebeasley@eversheds.com)

**Dr. Andrew Hodge** (Cambridge), 07958 923157 [ahodge@lehman.com](mailto:ahodge@lehman.com)

**Ailsa Wallace** (Oxford) [w\\_ailsa@hotmail.com](mailto:w_ailsa@hotmail.com)

**Matt Weaver** (Oxford) 020 7263 5976 (h), [Matt.Weaver@eu.watsonwyatt.com](mailto:Matt.Weaver@eu.watsonwyatt.com)

**Jenny Gillett** (Oxford) [jgillett@bedfordschool.org.uk](mailto:jgillett@bedfordschool.org.uk)

### Achilles Trust

Trustees: **H.R.H. Stinson; Sir Thomas Macpherson; Dr. C.J.R. Thorne; J.G. De'Ath;**

Clerk to the Trust: **Dr. Christopher Thorne** (Cambridge),

St Catharine's College, Cambridge 01954-210566 [cjrt@cam.ac.uk](mailto:cjrt@cam.ac.uk)

### American Achilles Foundation

**Thomas N. Blodgett** (Cambridge) [tblodgett@tbaresources.com](mailto:tblodgett@tbaresources.com) **David B. Williams** (Cambridge)

### Hon. Treasurer & Membership Secretary

**Peter Crawshaw** (Oxford), 18 Ringley Park Av., Reigate, Surrey RH2 7EU.

Phone 01737-761626 [peter.crawshaw@achilles.org](mailto:peter.crawshaw@achilles.org)

### Hon. Secretary & Editor

**Paul Talbot Willcox** (Cambridge) c/o Eggar Forrester, 1st Floor, Scotia House, 33 Finsbury Sq

London EC2A 1PL [paul.willcox@achilles.org](mailto:paul.willcox@achilles.org) 07768 735634



## IN MEMORIAM



**Derek G Steel, on 31st March 2008.  
Achilles Club Hon Treasurer 1958-87, Vice-President from 1987;  
Trustee of the Achilles Trust**

Derek's contribution to the Club and to the US series was immense: without him neither would be the same today.

A talented middles distance runner, he won the 880y at the Varsity Sports of 1948, and the 440y in 1949. He represented Oxford & Cambridge on the 1949 US Tour (photo), and took part in the 1950 Achilles Tour to Greece.

He was Hon Sec of OUAC in 1948 (when Roger Bannister was President) and was a prime mover in getting the US series going again after the war in the face of opposition from Rex Salisbury Woods (then CUAC Senior Treasurer who was sceptical of its financial viability). The experience inspired Derek twenty years later, by when he was a very successful businessman (he founded the insurance group Steel Burrell Jones, now SBJ), to endow the Achilles Trust set up by Tommy Macpherson and Robert Stinson so that the situation should not arise again. It is thanks to Derek that the series continues and flourishes.

Meanwhile he had been working tirelessly for 30 years as the Club's Hon Treasurer - this was before the days of computers and email, when everything, down to the addressing of envelopes, had to be done by hand - no small undertaking at all.

Derek took immense pride in the Club throughout his life and continued to monitor its progress from his homes overseas. Never an Annual Report was circulated without the Hon Sec receiving a lengthy and lively letter of thanks and encouragement in Derek's flowing hand. We all miss him.

*Tommy Macpherson remembers with affection how proud Derek was of his short service commission with the Royal Marines which he enjoyed greatly, his generosity and the excellence of his parties at Oxford! Later Derek followed Tommy as High Sheriff of Greater London.*

**Allan Malcolm, athletics coach and superintendent of physical education at the University of Cambridge, was born on October 21, 1919. He died on June 14, 2008, aged 88.**

***John Goodbody's obituary in The Times:***

Generations of Cambridge students received inspiration and guidance from Allan Malcolm, who was one of the first national athletics coaches in 1948 and oversaw physical education at the university for more than 30 years. He cajoled the university authorities to build facilities for indoor activities commensurate with those available for many outdoor sports. However, Malcolm was only partially successful. He certainly established the first indoor fitness suite at Fenner's, but even now, 25 years after his retirement, the university still does not have a modern sports centre or its own swimming pool.

With his dark, hawk-like features, Malcolm would focus his penetrating gaze on the technical deficiencies of competitors and then direct their correction with kindness and encouragement. His principal interest was athletics and he spent many extra hours coaching athletes. Among the Olympic competitors who were in the Cambridge teams that he coached were Tim Johnston, Bruce Tulloh, Mike Parker, Martin Winbolt-Lewis, Wendell Mottley and Herb Elliott, the great Australian miler. Even after retirement in 1983 he attended intervarsity events for many years as announcer and recorder. He would detail the results in different coloured pens and was a keen archivist of the history of Cambridge sport.

An accomplished all-round sportsman himself, Malcolm was a keen golfer, played county hockey, represented Loughborough at football and the high jump and even appeared for Cambridgeshire at cricket, although he was dismissed for nought in his first match and never chosen again.





After taking a first in the physical education diploma at Loughborough, with the Normandy invasion impending he joined the 1st Battalion Royal Ulster Rifles in the 6th Airborne Division. He was wounded in action on the night of June 6-7 when his battalion moved inland to occupy Longueval. Later he was more seriously hurt when his glider was brought down during the Allied crossing of the Rhine, and limped for the rest of his life.

In 1952 he was appointed superintendent of physical education at Cambridge, where he devoted many hours in helping to develop the physical ability of sports clubs' members. His tiny office at Fenner's was frequently occupied by students seeking advice and reassurance. He coached many athletics teams, often accompanying the Oxford and Cambridge tours of US universities. Malcolm was also a leading figure in the building in 1976 of the city's own sports centre, becoming president of the Kelsey Kerridge Sports Centre Trust. He was also an early member of the Sports Council and the British chef de mission at the 1967 World Student Games in Tokyo.

Despite his eagerness to see his athletes or teams win, Allan Malcolm believed in the importance of sportsmanship. In 1961 Cambridge won the Varsity Athletics Match for the first time for three years, but amid the celebrations he was quick to console Roger Lane, the Oxford president.

He is survived by his wife, Ann.

Allan was my coach, starting me off in 1956 as a green but keen 15-year-old, trailing round Fenners behind the likes of Jock Beesley, then on to weights and circuits in the gym, where Herb Elliott opened our eyes to what real 'core training' was. I can't count the hours - days - weeks! - Allan spent out in all weathers, with stop-watch and clipboard, timing me over every conceivable distance - or indeed the time we spent in his office at Fenners, up that last flight of stairs beside the weighing machine, just talking running. Without Allan's advice, encouragement - above all, belief - I might never have become a serious runner, still less an international athlete. *Tim Johnston*

**You are right in saying that "he will be missed by Light and Dark Blues alike". As one of the latter, President of OUAC for the 1961 match, I remember his kind words of sympathy as I struggled to come to terms with the disappointment of being on a losing team for the first time in three years. This I felt all the more intensely because I had also failed to win the javelin, my old CUAC rival Colin Bacon having profited too well from Allan's coaching, and a severely twisted ankle had suddenly put the American trip in doubt. Allan took the time away from well-deserved celebrations of revenge for defeats at the hands of teams led by Rex Van Rossum & John Holt to offer reassurance and wise advice. He was a thoughtful and perceptive man, a fine coach and a great contributor to the whole ethos of 'Varsity Match Athletics. Roger Lane**

I have only been back to one Varsity match since leaving Cambridge in 1990 but the photo of Allan brought back lots of wonderful memories. I remain really grateful to all the "adults" who gave up their personal time to help coach us and organise our matches, and Allan had a pivotal role to play on Varsity Match day as well as during the season keeping track of the records that people loved to break. Having an authoritative voice in the announcements box - even if in the year I was President there wasn't much joy in the announcements - made the event far more convincing. *Tabitha Brufal*

**Allan Malcolm was one of the finest men with whom I have had the pleasure of knowing and being my coach. Allan was a true gentleman and mentor. Although I was only at Cambridge for two years, Allan and I remained in contact over the years and I always called him when I passed through London. He was kind, firm and a wonderful teacher. He had insight that few I have known ever displayed. Those of us who were lucky enough to be part of one of his teams benefited from his gift of teaching us how to focus on the important things in life. Allan will always be a part of my fond memories of Cambridge and all the fine**

**young men who passed through the gates of Fenners. Athletics at Cambridge will never be the same without him. Stephen B. Cohen**

I remember Allan as coach to the G.B. team at the World University Games in Brazil in 1963 ]. He was caring and supportive without being intrusive, and worked hard to prepare us for the girls relay. There must have been 5 of us all up, with only 2 with sprinting experience! I think it was the only relay I ever ran in, and not very willing at that! Sensitive to our mood, he won us over, and got us to the start. Sadly we were beaten into 4th, by the Cubans! I just wish I'd worked that little bit harder for Allan's sake. Vale. *Sue Pappas (Denner) [An international high jumper at Oxford, long before there were athletics for women at either University]*

**Forty years ago my time at Trinity coincided with CUAC's occupancy of the Milton Road track. It was there that I first met Allan, but I cannot really remember the circumstances. When I learned of his death, though, I had a very clear memory of my last chat with him. I was at Wilberforce Road; the only time I've ever been able to watch an athletics meeting there - and it was the Freshers' match against Oxford in 2004. There were just two people I could recognise; my brother - timekeeping as ever, and Allan. I introduced myself... "You won't remember me, but I'm Chris Thorne's brother..." But he did remember - my name, college, hurdling, triple-jump. Astonishing; try guessing just how many students he'd watched running, jumping and throwing in half a century. One more thing; I wish I could recall what he was wearing that cold autumn afternoon. I picture him always dressed rather like a spy in a 1950's film. Light-coloured gaberdine mac, with the collar turned up. Roderick Thorne**

I remember Allan well from my days at Cambridge in the early 80's. I remember having tea with him at Fenners and he gave me some sage advice on managing an injury, and debating the pros and cons of various remedies such as anti-inflammatory creams and orthotics! *Jerry Rose*

**Within days of arriving in Cambridge in September 1970 we were put in touch with Allan. That began an enduring and strong friendship ever after. He did much more than was ever acknowledged. Allan was lucky to survive the Second World War and, according to John Ellicock (CUAC HJ, Pres 1971-2), he carried shrapnel wounds without any complaint. Ann and Allan were never able to have children. We, the athletes, were his children. My wife and I forged a close personal friendship with them, calling on them frequently on our many return visits to Cambridge and having them to tea at our home in Wingate Way. We exchanged Christmas**



cards and greetings every year since 1971. He was totally devoted to Ann and caring for her in later years after she fell into ill health. Allan was the driving force behind many of the Harvard-Yale meets, mostly run from his box-room office at Fenners. I competed in HJ and also did the main administration for the 1971 visit. Allan was my mentor: I recall him checking over all my notices with Army-style precision: "Make sure there's a Why? What? Who? When? Where? and How? and What Next? in every note you generate" He also introduced me to Harold Abrahams at the 1971 Blues Dinner (Harold wanted to meet and sit with the guy who has Hon. Sec. fifty years after he was. That night was made more memorable when Chariots of Fire appeared.) - *Neville Norman*

During my rather lengthy period at Cambridge (1972-79), I got to know Allan well, though interestingly it was at Fenners, more than on the track, that many of our discussions about training methods took place. I always greatly appreciated his enthusiasm and encouragement, as well as his great knowledge and experience of athletics generally. He will be greatly missed by one and all, as the embodiment of all that was best in the British Athletics tradition. *Richard Healey*

**I doubt I'd have taken up athletics if he hadn't presided at Fenners—Nigel Spivey**

Yet another special person moves on. *Robert and Susan Stinson*

**I still remember him with affection from the sixties as someone devoted to Athletics and trying to help all undergraduates interested in the sport who came his way. Sidney Miller**

I have happy memories of galloping around on the black, rather soft, cinders surrounding the Fenners cricket field with the ever present figure of Allan Malcolm on the sward. More agonised memories about the weight and circuit training facilities that Allan was responsible for setting up in the Fenners gym. All this a long time ago, 1956-59, but strangely only a thought away in memory. *Richard Wade*

**I remember Allan at Varsity matches, but I also remember him being one of the GB management team at the World**

**Student Games in Moscow in 1973. Julian Goater**

Very sad news indeed—generations of athletes in the UK will miss him—seems our great coaches, McCurdy, Stowell and now Allan have now all gone to runners in the sky. *Gus Schumaker*

**Please extend my condolences personally (as a 60's series participant and coach since the '81 match over here) as well as on behalf of all of us at Yale who have gotten to know Allan or who have simply had the great good fortune to have their lives touched by his over these many years.**

*Mark Young*

I remember Allan as a gracious person whose guidance and passion were hugely influential to both my personal and my athletic development. *Michael Parker*

**Allan played a significant role in my life as an undergraduate at Cambridge as I ploughed a furrow round the old track at Fenners and also across the surrounding countryside. I think I had more contact with him than with any member of the academic staff! Allan gave me great help and encouragement with my training and in competition and I always found him a very helpful and pleasant person to work with.**

*John Shearn*

Albeit a Dark Blue myself, I remember Allan with great respect and affection. Alasdair Heron and I had the privilege of co-captaining the USA tour in 1965 when Allan and Eddie Freitag were the Team Managers, and OUAC were, of course, frequent visitors in those days to Milton Road. The pleasure of those visits was always enhanced by renewing acquaintance with Allan. Win or lose, at Iffley or Milton Road, Allan's good humour and unfailing interest in the well-being of athletics and athletes was an integral part of inter varsity meetings - no matter for which shade of blue one competed. CUAC have indeed lost a wonderful stalwart, but so have so many others who, like myself, have fond memories of Allan Malcolm, a man everyone feels better for having known. *Hugh Pullan*

**I have fond memories of Allan's coaching when I was up at Sidney (1961-1965) and especially of working with him as president of CUAC, which included the 1965 American tour. He was a fine person and a good friend and adviser to many generations of student athletes. Alasdair Heron**

Fairly soon after I took up a Lectureship in Biochemistry at Cambridge, I was approached by **Allan Malcolm** to see if I might be prepared to become the Senior Treasurer of CUAC. This was something of a surprise because I had been no more than a very keen but unaccomplished athlete. I was flattered that Allan even remembered me. But Allan's wide-ranging knowledge of all things athletic at Cambridge was very well developed, and I soon succumbed to his appeal. I think I had hoped that this "senior" position in CUAC would just involve the fun side of the sport but, with CUAC's recent (and in retrospect ill-advised) move from Fenners to Milton Road, I found myself more often dealing with matters like the Groundsman's National Insurance contributions and police interviews with the local youths who were intent on setting fire to the Pavilion. Allan himself was the one who met, instructed and wined and dined with the athletes! That first spell as CUAC Senior Treasurer did, however, teach me a lot about Athletics management, very much by "learning on the job", at the failing facility that was Milton Road. I steadily learned what an enormous asset to CUAC Allan was and had been for so many years. I would like to think that he and I became friends as well as colleagues.

I had been elected to a Fellowship at St. Catharine's at the time of my University appointment, and was very pleased to note that Allan had also been given membership of the College some years before. He made occasional use of his College dining rights, and was made welcome by the St. Catharine's Fellowship even though one of his staunchest supporters, Robert Comline, the University's Reader in Veterinary Physiology, always playfully referred to Allan as the "muscle man".

I handed over the CUAC Senior Treasurership after a spell of 5 years, but continued to have a strong involvement with both CUAC and Achilles affairs, and with frequent contacts with Allan and Ann, now untrammelled by any "official" relationship. But some years later, I took up the reins again for a second sentence as Senior Treasurer of CUAC, this time of a dozen years. By this point in my University career I had reached the dizzy heights of being a member, and later Chairman, of the University Sports Syndicate, the body overseeing all sports at Cambridge. By some fairly hard bargaining with the University Treasurer, and with sound advice and pressure from Allan, we began the arduous process of trading in Milton Road for a site where the Wilberforce Road track is now situated. The negotiations, the planning appeal, and ultimately the construction itself, took so long that Allan's official retirement intervened, but he continued to support me and his successor, Tony Lemons, in our efforts, which culminated in the opening of the new track in 1994.

Although the new track is still not perfect (but floodlights are due later this year), I would like to think of it as, in some way, Allan's memorial. He was certainly my mentor throughout my Cambridge career - he even trusted me enough to hand over to me all his meticulous collection of programmes, statistics and general CUAC memorabilia (the chronological bulk of which is now safely kept at the Cambridge University Library, as a permanent loan [not gift] from CUAC). Allan kept up with the times, and we are now in year 2008, but I am glad that I am old enough for my most powerful memories to be of training and competing in the winter months at Fenners (that most evocative of tracks), with Cyril Coote stomping about in the distance, and with Allan with his pipe and off-white raincoat watching, always watching, and giving good advice.

*Christopher Thorne*



**Trevor Southall (Brasenose College, Oxford, 1956-9)  
on 3rd October 2008.**

Trevor won the triple jump in Varsity Match of 1959 (contributing to one of Oxford's biggest ever winning margins), in which year he ranked 7th in the UK: his PB was 14.61. Trevor channelled his skill and experience back into the sport and to the Club, and recent generations remember with gratitude his guidance as a coach to OUAC and to the Oxford-Cambridge team in the USA.

*From Dai Robert's address at Trevor's funeral :-*

Trevor was an Achilles member for fifty years. In the 1959 Varsity Match I was on the losing side to Rex van Rossum's all conquering Oxford team. Trevor was on the winning side as he kept reminding me over the years. I would get my own back on him by introducing him at functions as the former Great Britain Triple Jumping Champion, a glorious typo from the Malvern Gazette! On that famous occasion in 1959 he won the inaugural triple jump with a distance of 47 feet and 11 inches, and following on this success he was selected to compete for Great Britain.

For many years at Malvern College he coached generations of students athletics and many other sports. Then in the early 90's he offered his help to Oxford University Athletics Club, and it was thus that we resumed our friendship. He coached the long and triple jumps. Martine Bomb, the Oxford president three years ago has written expressing her gratitude for the help and friendly support she received from Trevor. Trevor would visit Oxford in term time twice weekly, in all weather to coach. He told me that he felt this was his way of paying back for the great benefits he had derived from his Oxford education and athletics in particular. He judged at Varsity and other matches and was most often to be seen on these occasions with his head in the sand. His was a quiet commitment without any expectation of reward or acknowledgement, in the true amateur tradition.

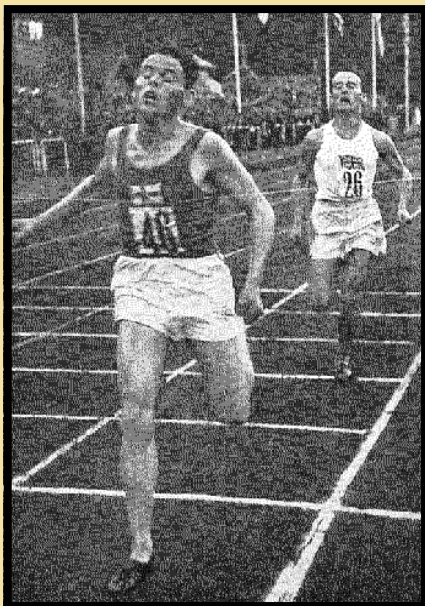
*Trevor was a great encouragement and support to me at Brasenose, when I arrived as a freshman chancing my arm, quite literally, for a place in that 1959 match. It has been a joy to renew contact with him occasionally over the years and, more recently, through a shared interest in Pedagogues' golf. - Roger Lane*

In 1997 I invited Trevor to join my coaching and management team to the USA with the Oxford and Cambridge team. He was a brilliant and supportive colleague and great fun to share a room with. One evening the management team of six of us were entertained by the Vice Chancellor and senior coaches at Harvard, the evening if I recall ending at about 3 am. Trevor was my minder and at 7am the next morning he woke me and helped me to dress. He reminded me that at the previous evening's dinner I had been invited to visit one of the biggest hospitals in Boston by the head surgeon and that the taxi was waiting outside to take me there. I had absolutely no recollection! On arrival at the hospital I reported to reception and said that this doctor was expecting me. I was immediately ushered into a cubicle and told to undress. The penny finally dropped with me and although I must have looked rather peaky I insisted with the staff that my visit was personal. Trevor and the surgeon had set me up!

I have received many messages expressing happy memories from Julian Goater, John Moreland and Mark Steed, who were in that management team. Also former internationals, Dick Webster from the Olympics of 1936. From the winning Oxford team of 1959 John Holt, and Roger Lane, and there are many others here with us today.

Through his coaching Trevor contributed to the success of many athletes. They not only benefited from his technical skills but also from his humanity and fun. As I watched our national athletics team at the recent Olympic Games in Beijing I reflected that what these athletes needed were more coaches of Trevor's calibre who would provide coaching with human and intellectual support NOT more bling!

He was loved and will be greatly missed especially in the athletics world at Oxford and by his Achilles team mates.



**PHD Ward (St John's College, Cambridge 1932-5)  
on 13th January 2009.**

Peter Ward won the 3 miles in the Varsity Sports of 1935, having finished 2nd the year before, and competed in the Varsity Cross Country matches of 1933 and 1934, in the latter (the 50th in the series) as captain of the victorious Cambridge team.

At a time when distance running was dominated by Finns, Peter was one of the few runners in the world willing to attempt to take them on: the photo shows him narrowly losing to the great multiple world record holder, Taisto Maki, at Helsinki in 1937. He regularly competed with distinction for the British team in internationals where his exploits drew large crowds. He was one of the last surviving members of the British team for the Berlin Olympics of 1936, where he finished 11th in the 5000m (having again attempted to go with the Finns who took gold and silver), was AAA Champion at 3 miles in 1935 and 1937, and silver medallist at the Empire Games of 1938 in Sydney.



**N.P. Shields (Emmanuel College, Cambridge)  
on 1st May 2008**

Peter Shields won the Pole Jump at the Freshmens Sports of 1931. In 1933 he cleared his best legal height, 11ft, at the AAA Championships. He placed 4th in the Varsity Sports of 1933, and 3rd in 1934, in which year he also placed 3rd for Oxford & Cambridge v Princeton & Cornell. He continued competing during the 1930's and was a stunt double in vaulting sequences for Robert Taylor in the noted film 'A Yank at Oxford'. After serving as a medical officer with the RAF he made his career as a GP in Taunton

*Photo (far right) Peter Shields in conversation with CC Coffe (CUAC President 1859) in 1934.*



**Dr DWC Dove (Trinity College, Oxford, 1950-54), in December 2007**

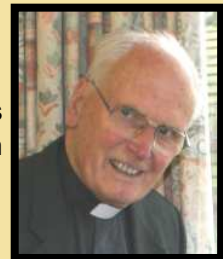
David Dove of New Zealand competed in the Varsity Cross Country Matches of 1951 and 1953.

**Dr LC Daniels (Selwyn College, Cambridge, and Keble College, Oxford)**

Lawry Daniels was among the first athletes to win Blues at both Oxford Cambridge, before continuing one's studies at 'the other place' became commonplace. He won the shot put for Cambridge in 1971 and the shot and hammer for Oxford in 1977. Lawry trained with single-minded dedication. The impressive roar with which he released his throws echoes still in the memory of his team mates!

**Canon DE Fathers (Magdalen College, Oxford 1945-50) on 19th December 2007**

DE Fathers was second string to Roger Bannister in 1949 Varsity Sports Mile, and was a member of Oxford's 1950 Varsity Cross Country team. Philip Morgan remembers him as a courageous runner who never gave up.



**JC Hawke (Emmanuel College, Cambridge, 1949-52) on 16th August 2006**

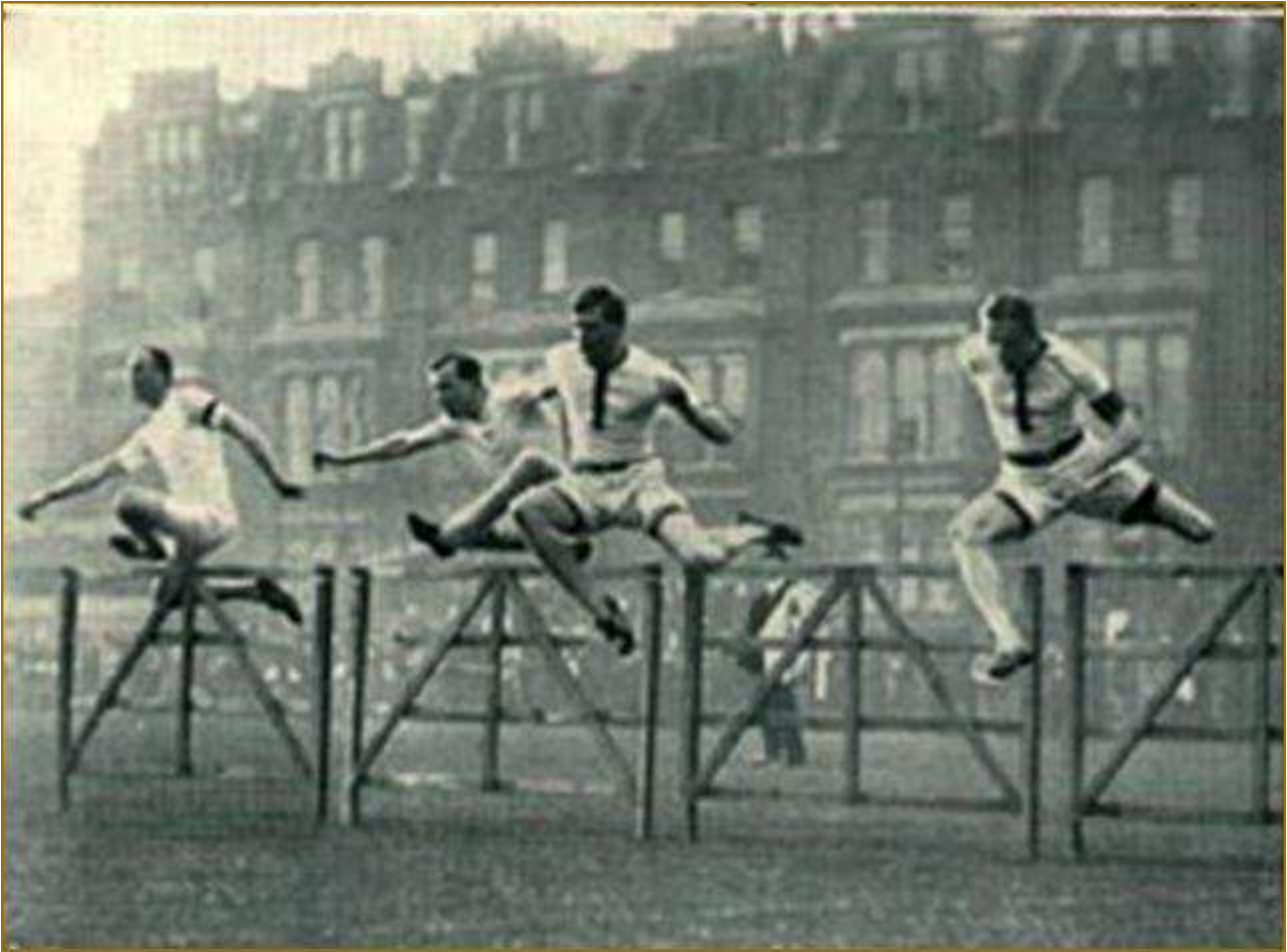
John Hawke was a fine miler at a time when Oxford & Cambridge led the world at middle distance running. In 1950 his time in the Varsity Sports mile, 4:20.4, was one of the fastest ever recorded but sufficed only for 2nd place as none other than Roger Bannister broke his own match record some 60 yards in advance. In the same year, paired on the same team with Roger who duly won, John placed third for the Oxford-Cambridge team against Princeton-Cornell. In the 1951 Varsity Match mile, in conditions recorded as 'Cold, Sleet and Fog', he placed 4th behind Chris Chataway, and in 1952 he was 3rd, again behind Chataway. At cross-country he was part of the victorious Cambridge team in 1950, and ran again in 1951, when Oxford won.

**Ian Baird (St Catharine's College, Cambridge 1968-9)**

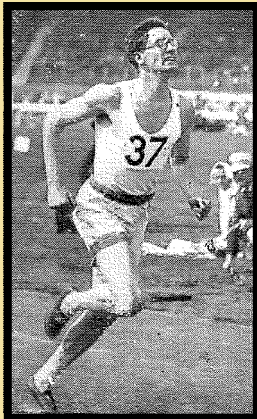
Ian Baird is on my CUAC all-time Triple Jump list, having leapt 13.83 on 21.11.1968.



ON-LINE OPTION: if you would prefer to save the planet and the Club's funds by opting out of receiving a hard copy this Annual Report by post, please email instructions to [Peter.Crawshaw@achilles.org](mailto:Peter.Crawshaw@achilles.org) - we will notify you annually by email when the latest Report has been added to our website [www.achilles.org](http://www.achilles.org) The on-line version has the added attraction of being in COLOUR!



*100 years ago—the Varsity Sports of 1908*



### **JG Barnes (Oriol College, Oxford, 1929-33)**

Jack Barnes (or John as he was more often known) competed in the 220y hurdles in the Varsity Sports of 1931 and 1932, and the 440y in 1933. He was in the UK's European Championships 4 x 400 quartet in 1938 which won the silver medal, and ran in the 400m hurdles at the same championships. He was part of Achilles teams which won the AAA 4 x 440y titles of 1935 and 1938, and won gold medals in the World University Games of 1937 in the 4 x 400m relay and the medley relay.

## **WE WILL REMEMBER THEM**

**Guy Wethered** came up the Christchurch from Radley late in 1938, and soon established a reputation as the most promising half miler of his generation, with real world class potential. In his freshman year after placing second in the Varsity Match 880y of 1939 to JO Moreton, he then won for Oxford and Cambridge against Harvard & Yale (15th July 1939, White City) in 1:52.4, breaking double Olympic Champion Douglas Lowe's match record in the process.

He was elected Hon Sec of OUAC for 1940, and would in the normal course of events have gone on to be President in 1941. But war intervened.

**Major Guy Wethered, Royal Gloucester Regiment, died on the 22<sup>nd</sup> November 1944 aged 24 years at Pinwe Burma and is buried at the Taukkyan War Cemetery in Burma.**





## ACHILLES AT THE OLYMPIC GAMES



Andy Baddeley captured on the big screen in the Birdsnest Stadium by Charlotte Cutler

**Guy Chambers** (who represented Cambridge in the shot in the Varsity Match of 1993, after 2 years for Alverstone) was chosen by the Chinese Government to run in the Olympic Torch Relay. He was nominated because he had been elected Vice-Chair of the Xian City Sports Federation, the first foreigner to fill such a position anywhere in China. Guy continues to compete most recently pacing 11th in his first triathlon.



**Emma Pooley**, silver medallist in the women's cycling time trial in Beijing, returned to mud of Wimbledon in December to finish first woman in the Old Blues Cross Country



1986 OUAC President Tim Berrett (Canada) competing in his FIFTH Games placed 38th in the 50k walk

**Mara Yamauchi** (see following page) reaffirmed her world class credentials with 6th place in the marathon



**Alistair Brownlee** finished 12th in the Triathlon after leading the race during both bike and running

Rowing: **Sarah Winckless** was 5th in the Women's Eight



**Michael Beloff QC** (Magdalen, Oxford, 1960) writes that he had attended the 2007 World Championships in Osaka as a guest of the IAAF. He watched the Women's 400 metres final together with Ed Warner, Chief Executive of UK Athletics.

He was so impressed by Christine Ohuruogu's win that he turned to his companion, and offered to represent her on a pro bono basis in her challenge to her exclusion from the British Olympic Squad under a rule which made exclusion automatic for someone who had missed three doping control tests other than in exceptional circumstances. His arguments prevailed before the Sports Dispute Resolution Panel, who found that his client was a "clean" athlete, whose breach of the rule was inadvertent.

Michael had the pleasure of witnessing her Olympic triumph in the Birds Nest in Beijing when he was present as a Member of the Council of Arbitration for Sport.



Commiserations to **Hatti Dean**, selected for the 3000m s/c she suffered a stress fracture and could not take up her place






Mara Yamauchi, rarely off the front page of AW this year, received the Achilles Medal for 2007 from Sir Roger Bannister at Iffley Road (above with her parents and OUAC archivist John De'Ath)

Omitted from last years report: Both Ben Carne and Steve Green reached the final of the 2007 World Student games 400m hurdles in Bangkok

Congratulations to Peter Crawshaw who has qualified as a National Level official

## AS IF RUNNING ON AIR

The Journals of Jack Lovelock



Edited by  
DAVID COLQUHOUN

This is a beautifully produced and fascinating picture of OUAC and Achilles in the 1930's, and several members contributed to Mr Colquhoun's scholarly research. Highly recommended.

### New Year's Honours

OBEs for **Steve White** and **John Hemery**: a double success for the OUAC team of 1972!

Q: What links Jack Lovelock, Steve White, Jon Crews and Clare Fuller?

A: They were all Presidents of OUAC

Former high jumper **Jon Crews** completed his second Ironman in July and reports: *I went out to Klagenfurt in Austria for the 3.8k swim, 180k bike and marathon. It was a great event, despite cycling the alpine climbs and descents in a thunderstorm. I ended up taking a huge chunk off my PB from UK in 2006, getting round in 11 hours 25 minutes. Much of this amazing improvement was down to a final marathon leg of 3:55, all thanks to my Achilles entry in London in April!*



**Clare Fuller (Ridgley)** with Martin and their son Timmy born on 19th December.



Of the nine athletes and coaches inducted into the new England Athletics Hall of Fame, three are from Achilles;-

**Roger Bannister, David Hemery** (pictured with a photo from the 1969 Varsity Match finishing ahead of **Adu Conteh** in the 200m—the actual winner, **Peter de Villiers**, is out of shot!) and the late **Chris Brasher**.

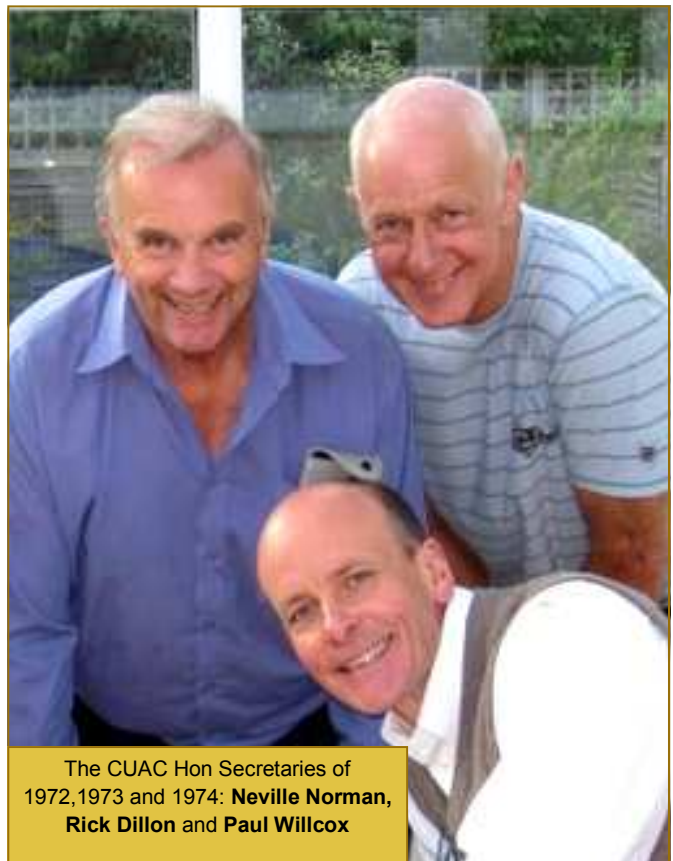


**Peter Hildreth** hit the headlines again this year when he was given a final warning by his local store after sprinting up the down escalator to celebrate his 80th birthday.

The story went around the world and prompted much comment from other members, including the following from **John Malcolm**: “As a fifth generation Australian (despite being an Etonian whom you coached in 1951), I can only say, ‘Good on you, mate!’ I remember being told that we hurdlers would have arthritic hips in old age, but it hasn’t turned out that way for me, and, by all accounts, for you. I am fascinated to hear that you were still representing GB at the age of 32. The most I ever achieved after leaving Cambridge was to become the Canadian champion in 1957 (also 400m champion; John Metcalf – much faster than me – ran in a separate heat. He took it easy; I had a more competitive run. The final was called off because of bad weather and the medal was awarded to me. John told me a couple of years ago that he had resented the decision ever since!); and the Malaysian champion in 1959-60 (I was working for Shell at the time). I am currently living in Edinburgh (writing a book) and run round Arthurs’s Seat about four times a week (5.5 km); I also climb from Dunsappie Loch to the summit (a 400 foot climb) in 9 minutes – good training for the annual 10km Edinburgh run, and roughly equivalent to a department store escalator.”



**Rich Wheater** (left), has been appointed Head of Coaching with England Athletics, and **Andy Barber** (right), National Communications Officer



The CUAC Hon Secretaries of 1972, 1973 and 1974: **Neville Norman**, **Rick Dillon** and **Paul Willcox**

## 2008 NATIONAL & WORLD RANKINGS



Lucy Hasell had a great year, winning the Austin Marathon in Texas in 2:36:26, and placing 16th in London and 13th in New York



The Club has 5 athletes in the world top fifty and 10 in the UK top ten:

World	UK	Rank	Name	Event	Time
1	1	Andy Baddeley	Mile	3:49.38	
14	2	Mara Yamauchi	Marathon	2:25.03	
16	1	Garrett Johnson	Shot	20.94	
27	1	Andy Baddeley	1500m	3:34.36	
37		Tim Berrett	50k walk	3:52.41	
44	3	Hatti Dean	3000m S/C	9:39.19	
	3	Steve Green	400mH	50.12	
	3	Phyllis Agbo	Heptathlon	5805	
	4	Mara Yamauchi	10000m	32:14.88	
	4	Phyllis Agbo	Long Jump	6.37	
	4	Grace Clements	Heptathlon	6698	
	5	Andy Baddeley	800m	1:47.38	
	6	Lucy Hasell	Marathon	2:36.27	
	7	Grace Clements	High Jump	1.81	
	8	Ben Carne	400mH	51.48	
	9	Steve Green	400m	46.51i	
	9	Garrett Johnson	Discus	55.13	
	9	Phyllis Agbo	100mH	13.59w/13.63	
	11	Paolo Natali	3000m S/C	8:59.93	
	13	Louis Persent	400m	46.71	
	13	Ben Moreau	10000m	29:44.59	
	13	Ben Moreau	Marathon	2:22.38	
	13	Ben Richardson	110mH	14.11w/14.32	
	16	Adrian Hemery	Decathlon	6765	
	17	Phyllis Agbo	Javelin	44.33	
	18	Grace Clements	Javelin	44.28	
	20	Ben Ellis	100m	10.45w	
	20	Ben Ellis	200m	20.91w/21.19	
	20	Kathi Streatfield	Triple Jump	12.23	
	21	Grace Clements	Shot	13.00	
	25	Grace Clements	100mH	14.10	
	25	Grace Clements	Long Jump	5.87i	
	27	Phyllis Agbo	High Jump	1.71i	
	28	Julia Bleasdale	5k road	16:45	
	28	Clare Martin	Marathon	2:51.08	
	32	Phyllis Agbo	Shot	12.54i	
	33	Nav Childs	Triple Jump	14.48	
	33	Phyllis Agbo	200m	24.33	
	33	Frances Smithson	High Jump	1.70	
	34	Simon Wurr	3000m S/C	9:23.19	
	34	Humphrey Waddington	Triple Jump	14.46	
	41	Michael Decressac	Javelin	60.22	
	45	Andy Weir V40	Marathon	2:28.59	
	45	Andy Hennessy	3000m S/C	9:30.2	
	45	Lucy Spray	400mH	63.72	
	46	David Bruce	3000m S/C	9:30.40	
	48	Andy Hennessy	Marathon	2:29.05	
	49	Ewen Malloch	3000m S/C	9:31.60	
	50	Richard Baderin	110mH	14.97	
	50	Sally Hughes	400mH	63.9	

ON-LINE OPTION: if you would prefer to save the planet and the Club's funds by opting out of receiving a hard copy this Annual Report by post, please email instructions to [Peter.Crawshaw@achilles.org](mailto:Peter.Crawshaw@achilles.org) - we will notify you annually by email when the latest Report has been added to our website [www.achilles.org](http://www.achilles.org) The on-line version has the added attraction of being in COLOUR!



**Saul Hillel Benjamin** is now half way through a newly-designed two year appointment as Distinguished Professor of History, Liberal Arts, and Leadership Studies at The American Community School in Beirut. Before embarking he wrote

"While there are certain risks involved --- the juxtaposed circumstance of name and heritage and geography --- I've been made an offer I couldn't possibly refuse. My immediate duties will include teaching an assortment of history and politics and philosophy (and I hope, comparative literature) courses. But the larger and potentially longer-term ambition is to launch the design of "a universal curriculum for Muslims and Jews and Christians". Also, I'll be taking occasional part in supporting the curricular and public outreach establishment of The King's Academy in Jordan. The King's Academy seeks, controversially against locally pre-existing pedagogic habits, to create a pre-collegiate "liberal arts and leadership" residential community at the heart of the Middle East. Finally, over the course of the rising year --- if events and other factors permit --- I hope to contribute some conflict resolution mentoring in one of the Palestinian refugee camps located south of Beirut.

"Why this decision? Admittedly, education never moves fast enough to remedy the dangerous "certainties" of humankind; but isn't learning our best far-horizon hope? At any rate, it's my only version of faith. I'm sure I will learn vastly more than I will teach; let alone lead. As the fabled remark rightly, at best, forecasts: "Inch by inch, step by step. Slowly, we turn". May that be so.

"I intend to be an adept guide to any or all of you who will choose to visit over the months and two years ahead. Please do!

I will resist the dark whimsy of one of your number - "You know who you are!" - who has suggested that I cloak my name with less Hebrew-heavy syllabic baggage. Despite what some headlines may worrisomely trumpet, Lebanon 2007 is not Lebanon 1983. While it would be dangerously naive to ignore the facts of Beirut's long-inherited turmoil and continuing faction-rooted instability, I'm told by those worth trusting that prudence matched with reasonable faith in others will have safety's reward. I'm confident all will be well"

## VARSIITY FIELD EVENTS AND RELAYS

Moving indoors is a very significant point in the history of these matches. The athletes had been pressing for it for

*4 x 200mh (turn) 1:41.2y  
(Shaw, Johnson, Hicks,  
Kretzschmar) (Oxford)  
25.11.1954*

*4 x 200mh (straight)  
1:38.9y (Smith, Pinnick,  
Riegels, Van Rossum)  
(Oxford) 27.11.1958*

some years, and with the opening of the Lee Valley facility it all became feasible. Indeed the venue is ideal, as the adjacent outdoor arena enables the long throws to be held concurrently: and the confines of the main hall made for an intimate and involving match. The move will mean that some previous historic

records will now be cast in stone. The hurdle shuttle relays were already become difficult to hold ('health and safety' taking a dim view of hurdlers running towards each other in adjacent lanes). High hurdles competitions are preserved on the basis of aggregate times, but, in spite of the attractions of the event being obvious to new generations of athletes coming up to Oxford and Cambridge who have never previously encountered it, the future of the 4 x 200m hurdles is in doubt.

**Lee Valley Sports Centre, Pickett's Lock, London.  
17 February 2008**

### **Men's relays, all indoors (Cambridge won 4-2)**

**60m (run as 2 heats, with 4 University times totalled to determine the result)**

Race 1 B. Richardson (C) 7.07, R. Mhrshahi (O) 7.31, N. Stevens (C) 7.31, YYY (O) 7.52

Race 2 ZZZ (O) 7.44, G. Kenyon (C) 7.44, H. Waddington (C) 7.51, AAA (O) 7.52

Race 3 J. Greenwood (C) 7.48, A. Adeyemi (C) 7.60, A. Reilly (C) 7.95

Cambridge total times 29.33

Oxford total times 29.79

### **4x 200m**

Cambridge (B. Richardson 23.1, H. Waddington 23.4, J. Greenwood 24.6, N. Stevens 22.9) 1:33.90

Oxford (R. Mhrshahi 23.3, W. Hooton injured, H. Buchanan, J. Morrissey) did not finish

### **4x400m**

Oxford (J. Morrissey 50.7, XXX 52.2, A. Maron 51.1, J. Boto 51.2) 3:25.08

Cambridge (D. Nefs 51.9, J. Molacek 53.8, A. Owen 52.6, B. Richardson 54.6) 3:32.86

Cambridge "B" (C. Coulsting 55.4, BBB 54.1, CCC 53.1, DDD 54.6) 3:37.18

### **4x800m**

Cambridge (C. Coulsting 2:04.6, A. Owen 2:01.7, S. Dobin 1:59.8, J. Cook 1:55.8) 8:01.93

Oxford (D. Austin 2:00.6, D. Eckersley 1:57.7, N. Cook 2:03.7, I. Kimpton 2:04.1) 8:06.15

### **4x1500m**

Oxford (J. Pearson 4:22.4, D. Bruce 4:12.2, R. Francese 4:04.7, I. Kimpton 4:07.4) 16:46.62

Cambridge (T. Pattison 4:13.1, L. Harper 4:16.2, J. Cook 4:11.1, S. Dobin 4:15.1) 16:55.46

Cambridge "B" (M. Burke 4:22.2, A. Thomas 4:38.7, R. Brown 4:18.6, A. Reilly 4:47.6) 18:07.03

**60m hurdles (run as 2 heats, with 4 University times totalled to determine the result)**

**Race 1** B. Richardson (C) 8.32, N. Obradovich (O) 8.68, O. Stogdale (O) 9.00, M. Collins (C) 9.01

**Race 2** O. Connor (O) 9.32, J. Moulard (C) 9.37, A. Petsas (C) 9.46, A. Skoubie (O) 10.47

Cambridge total times 36.16

Oxford total times 37.47

### **Men's field events (Cambridge won 7-1)**

#### **High Jump, indoors**

Oxford 7.20 (A. Skoubie 1.85, R. Ettenfield 1.80, N. Obradovich 1.80, J. Lowe 1.75)

Cambridge 7.00 (M. Haslett 1.90, R. Martin 1.75, A. Adeyemi 1.70, S. Walker 1.65)

#### **Pole Vault, indoors**

Cambridge 10.41 (M. Collins 3.61, A. Bates 3.40, J. Moulard 3.40, S. Walker no height)

Oxford 10.40 (R. Ettenfield 3.40, L. Williams 2.80, R. Shearer 2.20, A. Bullimore 2.00)

#### **Long Jump, indoors**

Cambridge 24.99 (H. Waddington 6.40, G. Kenyon 6.31, I. Simpson 6.21, A. Adeyemi 6.07)



Oxford 23.37 (A. Bullimore 6.61, J. Lowe 6.26, J. Buckler 5.79, A. Skoubie 4.71)

### Triple Jump, indoors

Cambridge 52.95 (H. Waddington 14.02, I. Simson 13.53, M. Collins 12.74, A. Adeyemi 12.66)

Oxford 47.26 (A. Bullimore 12.25, J. Buckler 12.07, J. Lowe 12.02, M. Ponsford 10.92)



*Humphrey Waddington*

### Shot Putt, indoors

Cambridge 42.39 (M. Collins 11.74, L. Pilbeam 10.68, J. Moulard 10.12, A. Wheble 9.85 – guests A. Lee 10.36, A. Fitzpatrick 8.65)

Oxford 39.41 (S. Dewsbury 11.95, R. Mhrshahi 10.06, A. Mowatt 9.69, J. Hawkins 7.71)

### Discus, outdoors

Cambridge 123.52 (A. Wheble 32.31, J. Moulard 31.31, M. Collins 31.12, R. Harper 28.78 – guest A. Lee 27.75)

Oxford 114.56 (N. Obradovich 34.41, S. Dewsbury 31.68, J. Matthews 27.50, R. Shearer 20.97)

### Hammer, outdoors

Cambridge 127.84 (A. Lee 41.10, Wheble 36.02, B. Turner 30.13, M. Collins 20.59)

Oxford 88.25 (J. Matthews 26.13, R. Shearer 22.96, P. Satterthwaite 20.62, A. Mowatt 18.54)

### Javelin, outdoors

Cambridge 156.83 (R. Martin 45.22, H. Waddington 43.48, E. Chadwick 34.33, T. Chadwick 33.80)

Oxford 153.02 (R. Mhrshahi 44.94, P. Satterthwaite 43.55, L. Williams 34.66, N. Obradovich 29.87)

### Women's relays (Oxford won 5-1)

#### 60m (run as 2 heats, with 4 University times totalled to determine the result)

Race 1 D. Smith (O) 8.14, B. Welbourn (C) 8.30, S. Hughes (O) 8.31, L. Spray (C) was disqualified for false starting

Race 2 L. McGarty (C) 8.53, M. Patston (C) 8.53, C. Barnett (O) 8.61, S. Poulsen (O) 8.72

Oxford total times 33.78

Cambridge did not register a time

#### 4x200m

Oxford (D. Smith 26.75 S. Hughes 26.75, C. Plateau 26.52, N. McManus 26.37) 1:46.49

Cambridge (J. Fogarty 28.1, J. Lister 27.9, B. Welbourn 26.1, L. Spray 25.4) 1:47.40

#### 4x400m

Cambridge (M. Patston 63.3, J. Lister 61.1, B. Welbourn 59.9, L. Spray 58.9) 4:03.11

Oxford (S. Hughes 62.6, J. Rieck 63.1, N. McManus 58.7, C. Plateau 58.8) 4:03.12

#### 3x800m

Oxford (J. Lange 2:14.4, F. Ray 2:19.9, C. Plateau 2:14.0) 6:48.33 **record**

Cambridge (R. Pringle 2:28.0, C. Knox 2:35.6, P. Keen 2:30.2) 7:33.68

### Medley (600m x 1600m x 1200m x 800m)

Oxford (C. Witcombe 1:42.7, F. Ray 5:15.0, H. Bowe 4:11.6, J. Lange 2:20.1) 13:29.34

Cambridge (E. Craven 1:53.1, P. Keen 5:35.8, C. Knox 4:27.9, R. Pringle 2:32.8) 14:29.51

### 60m hurdles (run as 2 heats, with 4 University times totalled to determine the result)

Race 1 S. Hughes (O) 9.92, E. Craven (C) 10.42, S. Madgett (O) 10.95, A. Hackney (C) 17.54

Race 2 O. Sherlock (O) 10.17, J. Rieck (O) 10.34, J. Fogarty (C) 10.82, N. Arrowsmith (C) 11.36

Oxford total times 41.38

Cambridge 50.14

### Women's field events (Oxford won 6-2)

#### High Jump, indoors

Oxford 4.80 **record** (F. Smithson 1.65, L. Murphy 1.60, G. Hood 1.55)

Cambridge 4.60 (E. Perkins 1.65, E. Bodman 1.50, S. Fielding-Smith 1.45, [R. Riiser 1.45])

#### Pole Vault, indoors

Cambridge 6.70 **record** (S. Williams 2.90 **record**, A. Garrett 2.00, T. Hall 1.80, [S. Tobin 1.80])

Oxford had no competitors

#### Long Jump, indoors

Cambridge 14.51 (L. Spray 5.10, L. McGarty 4.84, S. Williams 4.57, [N. Arrowsmith 4.07])

**Oxford 14.36 (F. Smithson 5.17, L. Murphy 4.74, S. Poulsen 4.47, [L. Groom 4.26])**

#### Triple Jump, indoors

Oxford 30.45 (L. Murphy 10.59, S. Poulsen 9.97, L. Groom 9.89)

Cambridge 29.13 (L. McGarty 10.56, L. Spray 10.12, R. Riiser 8.45)

#### Shot Putt, indoors

Oxford 30.30 (B. Staniland 10.83, L. Murphy 10.48, F. Smithson 8.99)

Cambridge 25.15 (C. Palmer 10.16, Z. Leake 7.79, C. Partridge 7.20)

#### Discus, outdoors

Oxford 85.12 (B. Staniland 32.52, H. Hogben 28.16, A. Svensson 24.44, [H. Olanipekun no throws])



*Sally Hughes and Becky Welbourn*

Cambridge 71.26 (C. Palmer 26.70, C. Partridge 23.10, R. Pringle 21.46, [Z. Leake 17.98])

#### Hammer, outdoors

Oxford 87.47 (H. Hogben 39.24, L. Steele 26.61, L. Groom 21.62)

Cambridge 83.84 (J. Melliush 31.12, Z. Leake 27.30, C. Partridge 25.42, [R. Pringle 20.80])

#### Javelin, outdoors

Oxford 89.53 (B. Staniland 32.15, L. Murphy 30.23, F. Smithson 27.15, [L. Kwok 24.68])

Cambridge 82.64 (C. Palmer 34.20, R. Harrison 24.91, G. Rose 23.53, [E. Bodman 11.86])



## KINNAIRD & SWARD TROPHIES MEETING

### 20TH APRIL 2008

100 A (+1.8)			High Jump A		
1 Daniel Haque	B&B	10.84	1 Daniel Jenkins	WSEH	1.70
<b>6 Adrian Hemery</b>	ACH	11.88	<b>4 Grant Stirling</b>	ACH	1.60
100 B(+1.8)			High Jump B		
1 James Christie	TVH	10.82	<b>2 Bilen Ahmet</b>	ACH	1.55
<b>5 George Kenyon</b>	ACH	11.99	Pole Vault A		
100 N/S (+1.8)			1 Gordon Lester(U17)	K&P	3.80
1 Jason Bernard	K&P	11.63	<b>2 Alex Bates</b>	ACH	3.00
<b>5 Grant Stirling</b>	ACH	11.89	Mike Collins ACH no ht		
200 A (-0.8)			Pole Vault N/S		
1 James Christie	TVH	21.96	<b>Bilen Ahmet</b>	ACH	3.00
<b>6 Phil Duggleby</b>	ACH	24.97	<b>Grant Stirling</b>	ACH	2.60
200 B (-)			Long Jump A		
1 Ed Harrison	B&B	22.43	1 David Cook	K&P	7.15
<b>4 John McCabe V45 (</b>	ACH	24.75	<b>4 Adrian Hemery</b>	ACH	6.39
200 N/S (-)			Long Jump B		
1 Taiwo Sodeyi	B&B	23.85	<b>1 Humphrey Waddington</b>	K&P	6.56
<b>3 Jan Molacek</b>	ACH	23.98	<b>2 George Kenyon</b>	ACH	6.03
<b>5 Daniel Eckersley</b>	ACH	24.44	Long Jump N/S		
<b>6 Grant Stirling</b>	ACH	24.61	<b>1 Ian Simson</b>	ACH	6.69
400 A			<b>2 Grant Stirling</b>	ACH	6.20
1 Steve Johnson	WSEH	49.54	Triple Jump A		
<b>4 Phil Duggleby</b>	ACH	50.79	<b>1 Humphrey Waddington</b>	K&P	14.23
400 B			<b>2 Ian Simson</b>	ACH	13.62
1 Ashley Bryant	WSEH	51.33	Triple Jump B		
<b>5 Sam Dobin</b>	ACH	55.52	<b>1 James Osunsanhi</b>	ACH	12.53
800 A			Triple Jump N/S		
1 Ian May	WSEH	1.56.36	<b>2 Grant Stirling</b>	ACH	12.81
<b>3 Sam Dobin</b>	ACH	1.59.34	Shot A		
800 B			1 Kyle Stevens	K&P	14.75
<b>1 James Trapmore</b>	ACH	2.01.02	<b>4 Mike Collins</b>	ACH	11.17
1500 A&B (manual)			Shot B		
1 Andrew Rayner	B&B	4.07.0	<b>4 Bilen Ahmet</b>	ACH	8.46
<b>2 James Trapmore</b>	ACH	4.07.8	5 Kevin Burnett(V65)	HWI	5.21
<b>7 Simon Molden</b>	ACH	4.41.4	Discus A		
3000 A&B			1 Felix Hatton	K&P	39.95
<b>1 James Trapmore</b>	ACH	8.47.15	<b>3 Mike Collins</b>	ACH	33.72
<b>5 Ian Johnston(M40)</b>	ACH	9.18.09	Discus B		
110 Hurdles A&B (-)			1 Kyle Stevens	K&P	32.73
1 Taiwo Sodeyi	B&B	14.65	<b>4 Bilen Ahmet</b>	ACH	21.93
<b>3 Adrian Hemery</b>	ACH	16.21	Hammer A		
<b>4 Jeff Wheeler</b>	ACH	16.71	1 Gareth Cook(V35)	K&P	54.15
<b>5 Grant Stirling</b>	ACH	16.73	<b>6 Bilen Ahmet</b>	ACH	17.48
400 Hurdles A&B			Hammer B		
1 Ed Harrison	B&B	53.04	1 Kyle Stevens	K&P	47.70
<b>3 Danny Eckersley</b>	ACH	57.15	<b>3 Grant Stirling</b>	ACH	14.75
<b>4 Jan Molacek</b>	ACH	58.65	Javelin A		
<b>6 Charlie Romito</b>	ACH	62.23	1 Felix Hatton	K&P	67.86
2000 Steeplechase A&B (manual)			<b>2 Adrian Hemery</b>	ACH	48.86
1 Alex Bruce-Littlewood	B&B	6.21.6	Javelin B		
<b>8 Bilen Ahmet</b>	ACH	8.41.5	1 Chris Dack	K&P	54.90
4 x 100 Relay (manual)			<b>4 Bilen Ahmet</b>	ACH	31.82
1 WSEH	43.6		1 1 Kingston & Poly	217	
<b>4 ACHILLES</b>	47		<b>2 Achilles</b>	148	
4 x 400 Relay(manual)			3 St Marys Richmond	92	
1 B&B	3.26.6		4 WSE & H	88	
4 ACH	3.54.5		5 Hercules Wimbledon	74	
			6 Thames Valley	55	
			7 Epsom & Ewell	36	
<i>Conditions - Flaming windy and cold!</i>					
1 Blackheath & Bromley		234			
2 Windsor, Slough, Eton & H'w		206			
<b>3 Achilles</b>		186			
4 Kingston & Polytechnic		99			
5 Thames Valley		86			
6 Hercules Wimbledon		81			
7 St Marys Richmond		47			
8 Epsom & Ewell		22			

*John McCabe—  
see also '25  
Years On',  
below*





## WINNERS OF ACHILLES MEDALS

Two medals, usually for track and field events respectively, are awarded annually to the Achilles Club member adjudged by the Committee to have accomplished the best performances during the year.

1949	<b>R. G. Bannister (O.)</b> Mile: 4:11.1	<b>T. D. Anderson (C.)</b> Pole Vault: 12 ft. 10 in.	1978	Not awarded
1950	<b>A. W. Scott (C.)</b> 400m Hurdles: 53	<b>T. D. Anderson (C.)</b> Pole Vault: 13 ft. 3 in.	1979	<b>Craig Masback (O.)</b> Mile: 3:52.02
1951	<b>R. G. Bannister (O.)</b> Mile: 4:0.07.8	<b>A. J. Burger (O.)</b> Pole Vault: 13 ft. 3 in.	1980	<b>Sue Dalgoutte (C.)</b> 400m Hurdles: 57.79
1952	<b>R. G. Bannister (O.)</b> 1,500m: 3:46.0	<b>D. E. Tucker (O.)</b> Javelin: 204 ft. 11 in.		<b>Dennis Roscoe (O.)</b> Discus: 57.20
1953	<b>R. G. Bannister (O.)</b> Mile: 4:03.4	<b>I. G. H. Walker (O.)</b> Long Jump: 23 ft. 10 in.	1981	<b>Julian Goater (O.)</b> 5,000m: 13:15.59
1954	<b>R. G. Bannister (O.)</b> Mile: 3:58.8	<b>D. E. Tucker (O.)</b> Javelin: 216 ft. 7 in.	1982	<b>Julian Goater (O.)</b> 10,000m: 27:34.58
	<b>C. J. Chataway (O.)</b> 5,000m: 13:51.6		1983	<b>Julian Goater (O.)</b> 5,000m: 13:22.7
1955	<b>C. J. Chataway (O.)</b> Mile: 3:59.8 3 Miles: 13:23.2	<b>W. B. L. Palmer (O.)</b> Shot: 53 ft. 1 1/4 in.	1984	<b>Tim Berrett (O.)</b> 3 km Walk: 11:54.23
1956	<b>C. W. Brasher (C.)</b> 3,000m S/C 8:41.2	<b>W. B. L. Palmer (O.)</b> Shot: 55 ft. 6 in.	1985	<b>Sally-Anne Hales (C.)</b> Marathon: 2 :28:34
1957	<b>D. J. N. Johnson (O.)</b> 800m: 1:46.6	<b>A. G. Siler (O.)</b> Discus: 163 ft. 4 1/2 in.	1986	<b>Trevor Burton (C.)</b> 400m Hurdles: 51.4
1958	<b>P. B. Hildreth (C.)</b> 110m Hurdles: 14.3	<b>J. Kitching (C.)</b> High Jump: 6 ft. 4 in.	1987	<b>Jon Ridgeon (C.)</b> 110m Hurdles: 13.29
1959	<b>D. J. N. Johnson (O.)</b> 1,500m: 3:42.9	<b>J. Kitching (C.)</b> Javelin: 232 ft. 6 in.		<b>Sandy Duncan (O.)</b> Outstanding service to the Club
1960	<b>J. Metcalf (O.)</b> 440 yds. Hurdles: 52.2	<b>R. A. Lane (O.)</b> Javelin: 243 ft. 10 in.	1988	<b>Jon Ridgeon (C.)</b> 110m Hurdles: 13.52/13.45w
1961	<b>A. P. Metcalfe (O.)</b> 400 m: 45.7	<b>J. McManus (C.)</b> Pole Vault: 13 ft. 7 1/2 in.		<b>Mike Powell (O.)</b> High Jump: 2.16
1962	<b>A. P. Metcalfe (O.)</b> 440 yds.: 46.2	<b>M. R. Ralph (O.)</b> Triple Jump: 51 ft. 3/4 in.	1989	<b>Richard Nerurkar (O.)</b> 5000m: 13:27.86
	<b>A. J. Wood (O.)</b> Marathon: 2:24:39		1990	<b>Richard Nerurkar (O.)</b> 10,000m
1963	<b>J. P. Boulter (O.)</b> 880 yds.: 1:47.8	<b>M. R. Ralph (O.)</b> Long Jump: 24 ft. 8 1/2 in.		<b>Gill Howard (C.)</b> High Jump: 1.80
1964	<b>J. P. Boulter (O.)</b> 800m: 1:47.1	<b>M. R. Ralph (O.)</b> Triple Jump: 52 ft. 4 3/4 in.		<b>Simon Muggleston (O.)</b> Mile: 3:58.9
1965	<b>W. A. Mottley (C.)</b> 440 yds.: 46.3	<b>S. B. Cohen (C.)</b> Shot: 55 ft. 11/4 in.	1991	<b>Richard Nerurkar (O.)</b> 10,000m: 27:57.14
1966	<b>W. A. Mottley (C.)</b> 440 yds.: 45.0	<b>M. Sharpe (O.)</b> Long Jump: 24 ft. 1 1/4 in.	1992	<b>Tim Berrett (O.)</b> 50k walk 3:50:55
	<b>A. J. Wood (O.)</b> Marathon: 2:16:6			<b>Tony Hatton (O.)</b> Javelin
1967	<b>J. P. Boulter (O.)</b> 880 yds.: 1:47.3	<b>C. Pardee (O.)</b> High Jump: 6 ft. 9 7/8 in.	1993	<b>Richard Nerurkar (O.)</b> 10,000m: 27:40.03
1968	<b>T. F. K. Johnston (C.)</b> 6 miles: 27:22.2	<b>C. Pardee (O.)</b> High Jump: 6 ft. 10 1/4 in.		<b>Ruth Irving (C.)</b> Long Jump: 6.17
1969	<b>J. P. Boulter (O.)</b> 1,000: 2:18.2s.	<b>P. A. de Villiers (O.)</b> Decathlon 7,012 pts.	1994	<b>Danielle Sanderson (O.)</b> Marathon: 2:36:29
1970	<b>David Hemery (O.)</b> 110 Hurdles: 13.6	<b>Dennis Roscoe (O.)</b> Discus: 54.08		<b>Ruth Irving (C.)</b> Long Jump: 6.28
1971	<b>David Scharer (O.)</b> 400 Hurdles: 50.8	<b>Dennis Roscoe (O.)</b> Discus: 55.44	1995	<b>Richard Nerurkar (O.)</b> Marathon: 2:11:03
1972	<b>David Hemery (O.)</b> 400 Hurdles: 48.52	<b>Steve White (O.)</b> Long Jump: 7.41		<b>Sarah Winckless (C.)</b> Discus: 52.58m
1973	<b>Phil Lewis (O.)</b> 800: 1:47.6		1996	<b>Richard Nerurkar (O.)</b> Marathon: 2:13:39
1974	<b>Phil Lewis (O.)</b> 800: 1:46.3	<b>Chris Kidd (O.)</b> Pole Vault: 4.50		<b>Pierre Faber (O.)</b> Decathlon: 7,584 pts
		<b>Chris Melliush (O.)</b> Hammer: 62.10m	1997	<b>Richard Nerurkar (O.)</b> Marathon: 2:08:36
1975	<b>Dave Roberts (C.)</b> 100m: 10.4	<b>Chris Melliush (O.)</b> Hammer: 60.64		<b>James Bierley (O.)</b> High Jump: 2.20
1976	<b>Dave Roberts (C.)</b> 100m: 10.2w/10.4	<b>Axel Salander (O.)</b> Long Jump: 7.94	1998	<b>Mara Myers (O.)</b> National Cross-Country
1977	<b>Julian Goater (O.)</b> 10,000m: 27:55.2	<b>John Slaney (C.)</b> Triple Jump: 15.92		<b>Clare Ridgley (O.)</b> Pole Vault: 3.60
			1999	<b>Rachel Jordan (C.)</b> 1500m indoors:4:25.88i
				<b>Pierre Faber (O.)</b> Shot: 17.81
			2000	<b>Tim Berrett (O.)</b> 50k walk 3:52:48
				<b>Stephanie Cook (O. &amp; C.)</b> Modern Pentathlon
			2001	<b>Donald Naylor (C.)</b> 3000m s/chase: 8:39.2
				<b>Adrian Hemery (C.)</b> Decathlon: 6,788 pts
			2002	<b>Stephen Green (C.)</b> 400m hurdles: 50.96
				<b>Ruth Irving (C.)</b> Long Jump: 6.25
			2003	<b>Huw Lobb (C.)</b> Marathon 2:18:3;
				<b>Robert Stinson (C.)</b> Outstanding service to the Club
				10mi 49:16
			2004	<b>Tim Berrett (O.)</b> 50k walk 3:50:21
				<b>Andy Baddeley (C.)</b> Mile 3:56.13
			2005	<b>Mara Yamauchi (Myers)(O.)</b> Marathon 2:27:38
				<b>Katharine Streatfield (C.)</b> Triple Jump 12.43/12.69w
			2006	<b>Hatti Dean (O.)</b> 3,000m s/c 9:51.12
				<b>Garrett Johnson (O.)</b> Shot 20.84
			2007	<b>Mara Yamauchi (O.)</b> Marathon 2:25:41
				<b>Phyllis Agbo (C.)</b> Heptathlon 5716 pts
				<b>Andy Baddeley (C.)</b> 1500m 3:34.74



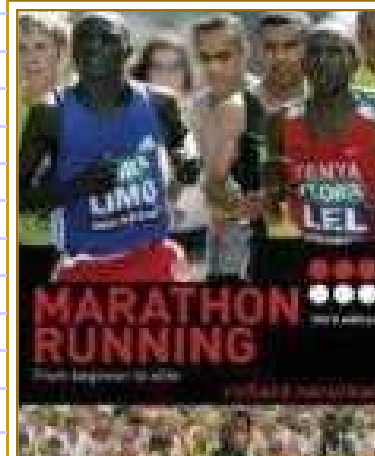


## 2008 LONDON MARATHON

51	O'Seaghdha, Diarmuid D	M25	Cambridge	02:29:23
15	<i>Hasell, Lucy</i>	W30	Achilles	02:40:31
234	Poynter, Michael R	M30	Oxford	02:42:22
400	Stevick, Joseph W	M25	Cambridge	02:48:01
404	Brunning, James J	M25	Cambridge	02:48:09
31	<i>Martin, Clare E</i>	W30	Achilles	02:51:08
687	Morris, Chris J	M20	Cambridge	02:54:46
880	Brown, Aidan T	M20	Cambridge	02:57:55
932	Picton, Graham	M20	Oxford	02:58:22
1076	Stecher, Thomas	M25	Cambridge	02:59:43
1170	Osborne, Michael A	M25	Oxford	03:01:06
1372	Forbes, Stuart A	M20	Achilles	03:04:21
1982	Gilbert, Simon M	M20	Cambridge	03:11:38
1986	Crews, Jon E	M40	Achilles	03:11:40
2237	Gentzler, Ryan C	M20	Oxford	03:14:03
2357	Moore, Justin M	M25	Oxford	03:14:51
163	<i>Deegan, Julie</i>	W40	Achilles	03:16:41
202	<i>Bowe, Hannah E</i>	W20	Oxford	03:21:16
3523	Martin, Henry F	M20	Oxford	03:25:31
303	<i>Fraser, Alice R</i>	W20	Cambridge	03:25:44
4113	Culshaw, Tim	M20	Cambridge	03:29:16
4273	Redfern, Simon	M45	Cambridge	03:30:08
4295	Arthur, David	M25	Cambridge	03:30:18
704	<i>Beverly, Anair</i>	W20	Achilles	03:38:17
6282	Griffin, Roger F	M70	Cambridge	03:43:44
1332	<i>Craigie, Louise</i>	W25	Achilles	03:52:56
1337	<i>Thorne, Olivia</i>	W25	Cambridge	03:52:59
10934	Cunningham, James P	M25	Achilles	04:06:55
3281	<i>Heller, Beatrice E</i>	W20	Cambridge	04:19:44
13401	Coley, Mark D	M30	Cambridge	04:20:14
15847	Spring, Fred J	M20	Oxford	04:33:39

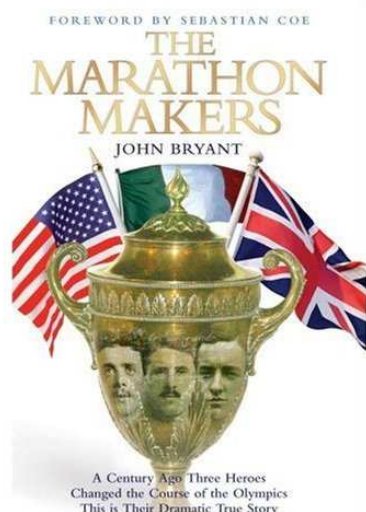


Who's supporting whom? **Lucy Hasell** helps her husband **Angus MacAlister** away from the finish after his very respectable 3:18.



The 3<sup>rd</sup> edition of 'MARATHON RUNNING: from Beginner to Elite' by **Richard Nerurkar** is now out – a great resource for anyone hoping to run their first marathon or improve on their last one.

No doubt there were other members running, too –apologies to those we have missed!



Another great book from John Bryant.  
Highly recommended.

Have you been getting occasional notices of club events, dinners, etc? If not we probably don't have your current

**EMAIL ADDRESS**

**DON'T MISS OUT!**

Drop the Hon. Sec. a line at  
[paul.willcox@achilles.org](mailto:paul.willcox@achilles.org)





## THE 134TH VARSITY MATCH, 17th May 2008 at the Sir Roger Bannister Running Track, Oxford

The Achilles tent was well frequented by members of all generations (*photo below: Roger Bannister holds court—from left James Brierley [in background] Tom Guglielmi, Steve Booth, Carolyn May, RGB, dinner speaker Giles Clifford, Clare Martin, Chin Nwokoro*)



### Mens' Blues Match

100m (wind +1.0 m/s) B. Richardson (C) 11.00, D. Gammall (C) 11.27, J. Boto (O) 11.33, J. Osum-Samni (O) 11.58  
 200m (wind +1.8 m/s) B. Richardson (C) 22.22, D. Gammall (C) 22.74, W. Hooton (O) 22.80, M. Ponsford (O) 23.29  
 400m P. Duggleby (O) 50.11, J. Morrissey (O) 50.46, D. Nefs (C) 52.03, G. Hill (C) 54.44  
 800m R. Hildick-Smith (O) 1:53.62, M. Armstrong (C) 1:54.92, J. Cook (C) 1:55.70, D. Austin (O) 1:55.84  
 Mile R. Franzese (O) 4: 27.00, M. Armstrong (C) 4:29.40, S. Dobin (C) 4:32.35, J. Pearson (O) 4:44.96  
 5000m I. Kimpton (O) 14:45.20, J. Kelly (C) 14:45.32, T. Pattison (C) 15:11.42, G. Ash (O) 15:31.85  
 110m hurdles (+0.7 m/s) B. Richardson (C) 14.62, O. Connor (O) 16.01, O. Stogdale (O) 16.30, J. Wheeler (C) 16.36  
 200m hurdles (+1.9 m/s) B Richardson (C) 25.58, D Eckersley (O) 25.96, J Molacek (C) 26.29, A. Mason (O) 28.72  
 400m hurdles D. Eckersley (O) 56.94, J. Molacek (C) 58.53, A. Mason (O) 62.33, C. Romito (C) 62.58  
 3000m s/c D. Bruce (O) 9:30.40, S. Knackstedt (C) 9:44.69, T. Samuel (O) 9: 46.88, A. McGowan (C) 9:50.30  
 High Jump A. Skouby (O) 1.95, M. Haslett (C) 1.90, S. Dewsbury (O) 1.85, R. Martin (C) 1.80  
 Pole Vault J. Heath (O) 3.85, A. Bates (C) 3.60, R. Ettenfield (O) 3.20, M. Collins (C) 2.11  
 Long Jump A. Bullimore (O) 7.01w, I. Simson (C) 6.82, J. Lowe (O) 6.56w, H. Waddington (C) 6.50  
 Triple Jump H. Waddington (C) 14.05, I. Simson (C) 13.61w, A. Bullimore (O) 12.81w, J. Osun-Samni (O) 11.98w  
 Shot G. Johnson (O) 19.94 **record (also 19.54 record in an earlier round)**, S. Dewsbury (O) 12.61, D. Akinluyi (C) 12.19, A. Lee (C) 10.05  
 Discus G. Johnson (O) 55.13 **record (also 53.90 record in an earlier round)**, A. Wheble (C) 39.33, B. Cossey (O) 37.39, R. Harper (C) 29.75  
 Hammer J. Abraham-Steele (O) 46.71, G. Johnson (O) 45.15, A. Lee (C) 43.21, A. Wheble (C) 33.82  
 Javelin R. Martin (C) 46.71, P. Satterthwaite (O) 46.24, H. Waddington (C) 45.48, R. Mirshahi (O) 43.80  
 4 x 100m relay Oxford 43.06, Cambridge (Kenyon, Richardson, Waddington, Ekpe) 44.19  
 4 x 400m relay Oxford 3:22.91, Cambridge (Nefs 52.3, Dobin 53.1, Kenyon 53.2, Rice 51.8) 3:30.46  
**Result: Oxford 116, Cambridge 96**

### Womens' Blues Match

100m (wind +1.1 m/s) L. Spray (C) 12.65, D. Smith (O) 12.76, B. Welbourn (C) 12.83, N. Hyde (O) 13.26  
 200m (wind +2.6 m/s) L. Spray (C) 25.53, D. Smith (O) 26.15, S. Hughes (O) 26.83, M. Patston (C) 26.94  
 400m B. Welbourn (C) 59.17, C. Plateau (O) 59.61, N. McManus (O) 61.18, J. Fogarty (C) 61.35  
 800m J. Lamge (O) 2:16.74, C. Roach (C) 2:17.86, R. Deegan (O) 2:19.24, V. Mason (C) 2:32.17  
 Mile C. Roach (C) 4:53.60 **record**, J. Lange (O) 4:55.72, R. Deegan (O) 5:27.67, V. Mason (C) 5:44.28  
 5000m H. Rollins (C) 17:34.94, C. Ansell (O) 17:41.44, E. Crowley (O) 18:01.48, J. Zaugg (C) 20:31.59  
 100m hurdles (wind +1.6 m/s) M. Bomb (O) 15.28, S. Hughes (O) 16.52, E. Rowley (C) 16.92, E. Craven (C) 17.35  
 400m hurdles L. Spray (C) 63.72, S. Hughes (O) 65.18, C. Witcombe (O) 67.97, P. Keen (C) 71.44  
 2000m steeplechase A. Crocker (O) 7:10.96 **record**, M. Johns (O) 7:30.24, P. Keen (C) 7:46.21, H. Rollins (C) 8:06.18  
 High Jump F. Smithson (O) 1.66, E. Perkins (C) 1.66, L. Murphy (O) 1.63, R. Riiser (C) 1.45  
 Pole Vault F. Cavalli (C) 3.00, S. Williams (C) 2.70, S. Madgett (O) 2.10, N. McManus (O) 1.30  
 Long Jump F. Smithson (O) 5.63, S. Madgett (O) 4.95, L. McGarty (C) 4.83, S. Williams (C) 4.72  
 Triple Jump F. Smithson (O) 11.00, L. Murphy (O) 10.81, E. Perkins (C) 10.44w, L. McGarty (C) 10.43w  
 Shot B. Staniland (O) 11.34, C. Palmer (C) 10.75, L. Murphy (O) 10.02, S. Vigrass (C) 9.39  
 Discus B. Staniland (O) 36.33, H. Hogben (O) 32.58, S. Vigrass (C) 30.88, C. Palmer (C) 29.93  
 Hammer H. Hogben (O) 39.76, J. Melluish (C) 33.06, L. Steele (O) 30.54, Z. Leake (C) 27.67  
 Javelin B. Staniland (O) 35.40, C. Palmer (C) 33.36, F. Smithson (O) 32.42, S. Vigrass (C) 29.29

4 x 100m relay Cambridge (Hurt, Welbourn, Fogarty, Spray) 50.03, Oxford (Hughes, Smith, Smithson, Hyde) 50.42  
 4 x 400m relay Cambridge (Hurt 62.2, Fogarty 61.8, Welbourn 59.4, Spray 57.1) 4:00.5 [Oxford, (Witcombe, Plateau, Lange, Binner) 4:00.9, were disqualified]  
**Result: Oxford 109, Cambridge 90**

#### Mens' Second Team Match (Oxford Centipedes v Cambridge Alverstone)

100m (wind +0.9 m/s) D. Ekpe (C) 11.24, N. Stevens (C) 11.26, K. O'Donnell (O) 11.84, M. Wayshack (O) 12.17  
 200m (wind +3.4 m/s) N. Stevens (C) 22.7, D. Ekpe (C) 22.86, N. Cook (O) 24.52  
 400m N. Cook (O) 50.83, A. O'Leary (O) 53.01, G. Kenyon (C) 53.10, C. Coulsting (C) 55.06  
 800m N. Cook (O) 2:01.84, A. Duncan (C) 2:02.43, C. Coulsting (C) 2:03.71, C. McGurk (O) 2:05.07  
 Mile W. Rice (C) 4:33.52, C. McGurk (O) 4:35.97, R. Brown (C) 4:38.49, S. Marshall (O) 4:40.50  
 5000m O. Bristow (C) 15:38.22, M. Sims (O) 15:48.61, B. Reynolds (O) 15:51.88, R. Matthie (C) 17:11.51  
 110m hurdles (wind +1.1 m/s) M. Brown (O) 16.54, J. Moulard (C) 16.60, A. Petsas (C) 17.27, N. Obradovich (O) 20.13  
 200m hurdles (wind +3.2 m/s) M. Brown (O) 27.66, J. Moulard (C) 28.37, L. Quia (C) 29.08, A. O'Leary (O) 30.78  
 400m hurdles J. Moulard (C) 58.46, M. Brown (O) 62.00, L. Williams (O) 65.05 [L. Quia (C), 60.1, was disqualified for trailing]  
 3000m steeplechase J. Mercer (O) 9:52.46, M. Bishop (O) 10:19.92, M. Grant (C) 11:01.02, D. Yu (C) 11:25.37  
 High Jump N. Obradovich (O) and J. Buckler (O) both 1.75, S. Walker (C) and W. Scarrold (C) both 1.60  
 Pole Vault S. Walker (C) 3.40, J. Moulard (C) 3.20, L. Williams (O) 2.60, R. Shearer (O) 2.50  
 Long Jump G. Kenyon (C) 6.54, J. Buckler (O) 6.31w, H. Reid (O) 5.83, E. Kwang (C) 5.56  
 Triple Jump J. Buckler (O) 12.25, P. Whitfield (C) 11.98, E. Kwang (C) 11.22, D. Johnson (O) 11.06w  
 Shot L. Pilbeam (C) 11.29, H. McGarrick (O) 10.33, A. Mowat (O) 9.89, G. Dickens (C) 9.86  
 Discus J. Moulard (C) 31.03, N. Obradovich (O) 30.76, R. Shearer (O) 29.69, L. Pilbeam (C) 24.50  
 Hammer B. Turner (C) 30.53, G. Dickens (C) 26.96, J. Matthews (O) 26.59, R. Shearer (O) 24.14  
 Javelin S. Gourley (O) 43.84, R. Malekout (C) 38.30, L. Williams (O) 38.11, T. Chadwick (C) 38.11  
 4 x 100m relay Cambridge Alverstone 44.50, Oxford Centipedes 45.08  
 4 x 400m relay Oxford Centipedes 3:27.12, Cambridge Alverstone (- 55.3, - 55.8, - 55.0, - 58.1) 3:44.17

**Result: Cambridge Alverstone 108, Oxford Centipedes 102**

#### Womens' Second Team Match (Oxford Millipedes v Cambridge Alligators)

100m (wind +1.4 m/s) G. Hurt (C) 13.19, E. Binner (O) 13.27, A. Scott (C) 13.80, S. Poulson (O) 14.18  
 200m (wind +2.0 m/s) G. Hurt (C) 27.33, J. Lister (C) 28.08, E. Teichmann (O) 29.00, C. Savundra (O) 30.15  
 400m E. Binner (O) 60.03 **match record**, G. Hurt (C) 60.08, J. Lister (C) 63.27, C. Savundra (O) 66.15  
 800m C. Kane (O) 2:24.73, O. Toye (O) 2:35.36, M. Miller (C) 2:37.00, R. Taylor (C) 2:46.80  
 Mile C. Kane (O) 5:20.67, R. Ward (O) 5:51.33, C. Knox (C) 6:11.12, L. Stapleton (C) 6:42.36  
 5000m K. Moore (O) 17:47.65 **match record**, C. Bates (O) 18:39.53, H. Darcy (C) 20:36.13, C. Reavy (C) 23:16.71  
 100m hurdles (wind +2.6 m/s) C. Ferolito (O) 17.75, E. Bodman (C) 18.48, N. Arrowsmith (C) 19.24, G. Hood (O) 20.88  
 400m hurdles N. Arrowsmith (C) 70.93, C. Bates (O) 75.49, E. Nalson (C) 77.59, C. Ferolito (O) 83.53  
 2000m steeplechase E. Bodman (C) 8:24.38, R. Ward (O) 8:37.08, A. Beverley (O) 8:42.08, R. Flanagan (C) 9:44.24  
 High Jump G. Hood (O) 1.55, E. Bodman (C) 1.50, J. Lister (C) 1.35, R. Ward (O) 1.30  
 Pole Vault E. Nalson (C) 2.40 **match record**, E. Teichmann (O) 2.30, A. Garrett (C) 1.50, H. Mather (O) 1.50  
 Long Jump L. Groom (O) 4.89, G. Hurt (C) 4.82, P. Bointon (C) 4.58, S. Poulson (O) 4.49  
 Triple Jump G. Hurt (C) 10.26, S. Poulson (O) 10.06w, P. Bointon (C) 9.83w, L. Groom (O) 9.82  
 Shot S. Pierce (O) 8.81, C. Brown (O) 8.04, C. Partridge (C) 7.65, E. Bodman (C) 7.46  
 Discus C. Brown (O) 30.16 **match record**, A. Svensson (O) 28.89, C. Partridge (C) 23.42, C. Lucas (C) 20.90  
 Hammer C. Partridge (C) 30.03, C. Lucas (C) 28.63, L. Groom (O) 22.85, C. Brown (O) 20.95  
 Javelin G. Rose (C) 24.95, C. Brown (O) 24.33, L. Kwok (O) 23.34, E. Bodman (C) 20.12





4 x 100m relay [Oxford Millipedes (Madgett, Teichmann, Poulson, Bomb) 54.3, were disqualified; Cambridge Alligators did not finish]  
 4 x 400m relay Cambridge Alligators (Patston 65.0, Arrowsmith 65.5, Roach 62.2, Lister 70.6) 4:23.3, Oxford Millipedes (Kane, Johns, Crocker, Bomb) 4:38.7

**Result: Oxford Millipedes 98, Cambridge Alligators 96**

**CJRT 21.5.2008**

**The Drake-Digby Trophy for the best performance in the Mens' Match: Garrett Johnson (OUAC)**  
**The Susan Dennier Trophy for the best performance in the Womens' Match: Lucy Spray (CUAC)**

**The Le Touquet Trophy, for the most improved athlete during 2007-8: Ian Kimpton (OUAC)**  
**The Paul Gomme Trophy, for the best throwing performance of the season: Garrett Johnson (OUAC)**  
**The Achilles Trophy, for outstanding contribution to Oxbridge athletics: Ben Richardson (CUAC)**  
**The Steven Stuart Trophy, for the most notable second-team performance: Nick Cook (OUAC)**



*100 years ago—the Varsity Sports of 1908*

ON-LINE OPTION: if you would prefer to save the planet and the Club's funds by opting out of receiving a hard copy this Annual Report by post, please email instructions to [Peter.Crawshaw@achilles.org](mailto:Peter.Crawshaw@achilles.org) - we will notify you annually by email when the latest Report has been added to our website [www.achilles.org](http://www.achilles.org) The on-line version has the added attraction of being in COLOUR!



## ACHILLES V LOUGHBOROUGH V EAST MIDLANDS AA 11TH JUNE 2008

MEN				WOMEN			
<b>400m Hurdles</b>				<b>400m Hurdles</b>			
1	Andy Tippett	Loughborough	54.60	1	K-Louise Payne	East Midlands	66.94
5	<b>Aaron Mason</b>	Achilles	59.24	2	<b>Catriona Witcombe</b>	Achilles	68.09
<b>800m</b>				<b>800m</b>			
1	Mike Coltherd	Loughborough	1:52.55	1	Lisa Dobriskey	Loughborough	2:03.39
3	Chris Brown	East Midlands	1:54.03	2	Ashley Gibson	Loughborough	2:13.66
4	<b>Dane Austin</b>	Achilles	1:56.27	3	<b>Julia Lange</b>	Achilles	2:13.95
5	<b>Nick Cook</b>	Achilles	1:56.60	4	Lara Thomas	East Midlands	2:18.89
<b>100m</b>				<b>100m</b>			
1	Steve Small	Loughborough	10.79	5	Rebecca Hall	East Midlands	2:21.23
2	<b>Ben Richardson</b>	Achilles	10.89	6	<b>Clare Kane</b>	Achilles	2:31.68
3	Adam Daish	Loughborough	10.94	<b>100m</b>			
5	<b>George Kenyon</b>	Achilles	11.37	1	Emma Bailey	Loughborough	11.94
<b>100m Guest</b>				<b>100m</b>			
7	<b>Andrew Bullimore</b>	Achilles Guest	11.58	3	Laura Hitchman	Loughborough	12.45
<b>400m</b>				<b>400m</b>			
1	Michael Warner	East Midlands	48.86	4	<b>Sally Hughes</b>	Achilles	12.90
2	Sam Cordin	East Midlands	49.90	<b>100m Hurdles</b>			
3	<b>Phil Duggleby</b>	Achilles	50.17	1	Andrea Vinet	Loughborough	14.22
4	<b>David Nefs</b>	Achilles	51.58	4	Lauren Boyd	East Midlands	17.42
<b>110m Hurdles</b>				<b>200m</b>			
1	<b>Ben Richardson</b>	Achilles	14.65	1	Gemma Werrett	Loughborough	25.38
2	David Feeney	Loughborough	14.65	3	Laura Hitchman	Loughborough	25.69
3	Simon Wombwell	Loughborough	15.40	4	<b>Becky Welbourn</b>	Achilles	26.26
4	<b>Jeff Wheeler</b>	Guest Achilles	16.49	5	Gemma Elliot	East Midlands	26.33
5	<b>Oliver Stogdale</b>	Achilles	16.50	6	<b>Sally Hughes</b>	Achilles	26.49
<b>200m</b>				<b>3000m</b>			
1	Paul Judson	Loughborough	21.70	1	Sarah Parkinson	Loughborough	10:03.23
2	Phil Taylor	Loughborough	22.07	4	Estelle Demant	LSAC	10:15.50
3	Martin Cook	East Midlands	22.73	5	<b>Helen Rollins</b>	Achilles	10:20.62
4	<b>Nav Childs</b>	Achilles	23.06	6	Venessa Rollins	East Midlands	10:31.92
5	Steven Kemp	East Midlands	23.67	<b>High Jump</b>			
<b>4x100m Relay</b>				<b>High Jump</b>			
1		Loughborough	43.28	1	Lydia Chamberlain	East Midlands	1.60m
2		East Midlands	43.87	1	<b>Frances Smithson</b>	Achilles	1.60m
3	Kenyon, Bullimore, Stogdale, Simson	Achilles	46.29	3	Lauren Boyd	East Midlands	1.35m
<b>3000m</b>				<b>Shot</b>			
1	Tom Doe	Loughborough	8:27.69	1	Rebecca Hall	East Midlands	11.79m
4	<b>Dane Austin</b>	Achilles	9:33.24	2	<b>Beth Staniland</b>	Achilles	11.20m
5	Tim Hall	LSAC	9:37.40	3	Lauren Boyd	East Midlands	11.04m
<b>4x400m Relay</b>				<b>Discus</b>			
1		East Midlands	3:22.52	1	Emma Carpenter	WSE	53.77m
2	Nefs, Hemery, Mason, Cook	Achilles	3:30.50	4	<b>Beth Staniland</b>	Achilles	34.89m
<b>High Jump</b>				<b>Javelin</b>			
1	Ben Moubey	East Midlands	2.00m	1	<b>Beth Staniland</b>	Achilles	33.72m
4	<b>Adrian Hemery</b>	Achilles	1.85m	<b>Shot</b>			
<b>Long Jump</b>				<b>Shot</b>			
1	Andy Bell	Lboro Students	6.94m	1	Rebecca Hall	East Midlands	11.79m
2	Ekachai Field	LSAC	6.60m	2	<b>Beth Staniland</b>	Achilles	11.20m
3	<b>Nav Childs</b>	Guest Achilles	6.55m	3	Lauren Boyd	East Midlands	11.04m
4	Bradley Pickup	Lboro Students	6.46m	<b>Discus</b>			
5	<b>Andrew Bullimore</b>	Guest Achilles	6.40m	1	Emma Carpenter	WSE	53.77m
6	<b>Ian Simson</b>	Achilles	6.40m	4	<b>Beth Staniland</b>	Achilles	34.89m
7	Matthew Woolley	East Midlands	6.32m	<b>Javelin</b>			
8	George Kenyon	Achilles	6.17m	1	<b>Beth Staniland</b>	Achilles	33.72m
<b>Triple Jump</b>				<b>Javelin</b>			
1	Ekachai Field	Lboro Students	13.91m	<b>Javelin</b>			
2	<b>Ian Simson</b>	Achilles	13.88m	<b>Javelin</b>			
3	Tom Bell	East Midlands	13.35m	<b>Javelin</b>			
<b>Pole Vault</b>				<b>Javelin</b>			
1	Paul Walker	Lboro Students	5.05m	<b>Javelin</b>			
	<b>Adrian Hemery</b>	Achilles	NH	<b>Javelin</b>			



*Julia Lange and Clare Kane take on Lisa Dobriskey (above) and Dane Austin and Nick Cook battling it out over 800m (right)*





## THE ACHILLES TOUR OF TUSCANY

An intrepid band gathered in Pisa by various means of transport, and proceeded to Florence and Siena with changes of personnel en route. The non-combatants, Keith Marsden, Paul Willcox, Andy Hodge, Geoff Hill and Tamsin French, almost outnumbered the competitors, but the tour was none the less successful for that, and as always on Achilles tours the common interest bridged the generation gaps.

At San Giuliano Terme, in spectacular setting at the foot of the mountains outside Pisa, Frank Hutton Williams



(normally a 400m man but here tackling not only 100m in 12.30 but also a surprising 4:35.48 for 1500) and Charlotte Bates (1500m in 5:01.7) led the way. The local announcer was very excited when Aaron Mason stormed through the first half of his 400m hurdles in lead, but the intense heat and slight pace misjudgement took their toll and he was very disappointed to fade so badly. Cynthia Hill whetted here appetite for a comeback after 8 years layoff with 100m in 15.43 on only 4 weeks training. And Alan James, holder of the Club record for appearances on tour, ran 12.72 (but wants it to be known that it was into a 1.7m/sec headwind!)

In Florence the party indulged in the expected sight seeing and a decent amount of training (Manfredi, Paolo's local club secretary, called us crazy for training in the heat of the day). Aaron in particular was flying, doing 35s for 300s during the first session and high 16s for 150s two days later, implying an imminent rewriting of his flat 400 PB. Michael Griffiths graciously hosted a dinner, where a good time was had by all: he was delighted to see in Keith Marsden another CUAC half miler from the 1950's.

Having moved on to Siena, and after almost 10 days of baking Tuscan sunshine, conditions turned abruptly, with heavy rain and a sharp drop in temperature. Aaron Mason was particularly unfortunate to meet conditions more akin to Iffley Road in November: a 51.13 PB for 400m was hardly representative of the startling times he had been running in training, but nonetheless impressive given most others were more than 2 seconds down on their bests, including Frank Hutton-Williams in 53.91. The only other Achilles athlete competing on the Saturday was Alan James, who foolishly decided to run 400m having injured his back during the week: discretion took the better part of valour in the second half of the race and he jogged home at the back.



**Michael Griffiths**, Vice Chairman of the British Institute of Florence writes: *I'd be delighted to welcome fellow Achilles members on any of our courses. All info is on the website [www.britishinstitute.it](http://www.britishinstitute.it)*

The touring party enjoyed an injection of new blood with the arrival of Paolo Natali from Brussels and Vicki Goodwin from Switzerland, where she had recently relocated. Paolo ran only his second ever track 5000m, but as his first was a near legendary double winning effort in the 2005 Varsity Match it

had a lot to live up to. This performance saw a much faster start than that famous late burn up, resulting in a the pack being strewn round the track behind him. The resultant 14:46.7 PB is likely to be further revised as Paolo winds up his season concentrating on the event after struggling with injuries over the steeplechase.

In the women's race, held in conjunction with Paolo's romp to victory, Charlotte Bates had a hard fought race resulting in another substantial PB. After swapping second place several times with a woman who had beaten her in the previous weekend's 1500m and cut her up on multiple occasions, Charlotte ran a very strong last lap to finish clear in 18.32.1. Vicki Goodwin finished fourth in the same race as she focused her attention on building up for a winter season All in all the tour was not only an enjoyable event for all 13 members involved, but also successful in terms of performances, with more than half of those competing achieving personal bests— *Alan James, Paul Willcox*



## STILL TOURING 60 YEARS ON.

**Keith Marsden** has been an avid participant in Achilles Tours, and although it is now sixty years since he went up to Cambridge, and a following a year of hip replacement and other surgery he was with us again in Italy. He writes:

I was sorry to read in the 2007 Achilles report that Ron Day has died. Ron was a friend and rival over 880 yards at Cambridge in 1951-54. Regrettably, we didn't see each other after coming down. He went to work in South Africa I believe, and I have lived abroad since 1963.

Your report mentions that Ron snatched victory over Sidney Bryant at the Varsity Sports. In fact the race was even closer. Three of us finished almost in a line, as shown in the



photograph attached [which appeared in the Sunday Times—Keith on the left was a foot behind Sidney, right and Ron, centre]. I got my revenge in the Cambridge versus AAAs match at Fenners in May 1952, when I broke Godfrey Brown's ground and undergraduate record for the half mile. And in the same match the



following year I pipped Brian Hewson, and Ron was third (see photo). Brian won his first AAA Championship 800 metres less than two months later.

Despite this win, I was not selected for the Oxford/Cambridge team that toured the USA in 1953. Instead I toured Holland with the Cambridge University Crusaders cricket team, and spent the long vacation playing and coaching cricket at a club near Utrecht. Six years later I met my wife Denise at this club. We were very happily married for 47 years, so I've no

*Denise Marsden joined Keith as a supporter of the 2003 Achilles Tour to Paris: she died of cancer just before Christmas 2006*

## FRESHERS VARSITY MATCH 9TH NOVEMBER 2008

### MEN

100m	Mark Dyble (C) 11.9, Josh Gilbert (O) 12.0, Maxim Polyakov (O-guest) 12.9, James Smithdale (O) 12.9, Justin Haynes (C) 13.3
200m	Mark Dyble (C) 23.5, Gus Mercer (O) 23.9, Jack McGinn (O) 24.2, Owen Churton (C) 25.9
400m	Gus Mercer (O) 52.0, Jack McGinn (O) 52.3, Rory Graham-Watson (C) 53.4, Sebastian Bray (C) 55.8
800m	Rory Graham-Watson (C) 1:58.7, Liam Fedus (C) 2:04.6, David Adler (O) 2:15.5, Aaron Hanlon (O) 2:18.6
1500m	Declan Murray (C) 4:15.1, Chris Bannon (C) 4:15.5, Alister Matthie (O) 4:48.0, David Adler (O) 4: 55.6
110m hurdles (3'3")	Josh Gilbert (O) 15.6, Steve Hiltner (O) 16.0, Ed Moyse (C) 16.7, Fraser Mashiter (C) 22.3
400m hurdles	Ed Moyse (C) 64.9, Andrew Lomas (C) 67.2, Ian Helms (O) 68.3, Maxim Polyakov (O) 69.4
High Jump	Abubakar Abioye (O) 1.80, Adam Fuller (C) 1.75, Stefan Hoyemsvoll (O) 1.68, Daniel Timms (C) 1.65
Pole Vault	Tom Wagner (C) 2.90, James Smithdale (O) 2.90, James Douglas (O) 2.50, Sam Hyatt-Twynam (C) 2.50
Long Jump	Ed Moyse (C) 6.44w, Josh Gilbert (O) 6.22, James Smithdale (O) 5.36, Justin Haynes (C) 5.17
Triple Jump	Ed Moyse (C) 12.62, Sam Hyatt-Twynam (C) 11.82, Matthew Gaster (O) 11.64, Stefan Hoyemsvoll (O) 11.62
Shot	Felix Schaaf (C) 11.33, Tomasz Kludka (O) 9.75, Sam Hitchings (O) 8.28, Ben Cossey (C) 8.13
Discus	Felix Schaaf (C) 32.37, Ben Cossey (C) 32.32, Tomasz Kludka (O) 21.41, Sam Hitchings (O) 20.74 (Luke Brayden guest - 1.75kg discus – 36.83)
Hammer (at Tilsey Park)	Mickael Decressac (C) 23.41, Lukasz Lada (C) 21.61, Sam Hitchings (O) 19.81, Tomasz Kludka (O) 19.79
Javelin	Mickael Decressac (C) 60.22 <b>record</b> , Felix Schaaf (C) 40.64, James Douglas (O) 28.29, Tomasz Kludka (O) 26.74
4 x 100m	Oxford 46.6, Cambridge (Churton, Dyble, Mashiter, Moyse) 47.6
4 x 400m	Oxford 3:41.5, Cambridge (Bray 56.2, Lomas 58.5, Muray 56.4, Graham-Watson 52.8) 3:43.9
<b>Result</b>	<b>Cambridge 100, Oxford 79</b>

### WOMEN

100m	Jay Bernard (O) 14.1, Kosi Abdulai (O) 14.2, Lucy Fielding (C) 15.1, Rhiannon Wescott (C) 16.5
200m	Kate Laidlow (C) 28.0, Meg Tyler (C) 30.0, Laurel Forde (O) 30.4, Kim Botwright (O) 31.4



400m	Rebecca Taylor (C) 66.2, Kim Botwright (O) 67.5, Christie Noble (C) 67.5, Emma Millington (O) 72.2
800m	Christie Noble (C) 2:31.0, Melissa Bennington (O) 2:31.4, Maire Gorman (O) 2:32.9 [Kerry Burke (C) 2:34.0 was disqualified]
1500m	Claire Baudouin (O) 5:06.1, Marie Gorman (O) 5:17.3, Marie Cavitte (C) 5:26.1, Kerry Burke (C) 5:46.9
100m hurdles	Clara Blatter (O) 17.5, Laura Duke (C) 17.7, Kate Laidlow (C) 20.1, Rebecca Gingell (O) 20.4
400m hurdles	Clara Blatter (O) 69.8, Kate Laidlow (C) 71.9, Rebecca Gingell (O) 82.4, Jo Harris (C) 87.9
High Jump	Helen Hanstock (O) 1.50, Meg Tyler (C) 1.50, Laura Duke (C) 1.45, Rebecca Gingell (O) 1.35
Pole Vault	Clara Blatter (O) 3.10 <b>record</b> , Laura Duke (C) 2.70, Helen Hanstock (O) 2.10, Nora Molkenthin (C) 1.70
Long Jump	Laura Duke (C) 5.03, Helen Hanstock (O) 4.88, Stephanie Madgett (O-guest) 4.87, Meg Tyler (C) 4.67, Emma Nicholson (O) 4.28
Triple Jump	Clara Blatter (O) 10.57, Meg Tyler (C) 9.73, Rhiannon Westcott (C) 9.34, Emma Nicholson (O) 9.31
Shot	Laura Duke (C) 10.94, Rebecca Kueny (O) 9.33, Helen Hanstock (O) 9.16, Jo Harris (C) 8.42
Discus	Rebecca Kueny (O) 33.21, Hannah James (guest) 31.57, Laura Duke (C) 26.65, Courtney Brown (guest) 25.90, Kosi Abdulai (O) 20.00, Ryanne Perio (C) 14.69
Hammer (at Tilsey Park)	Laura Duke (C) 33.74, Louise Steele (O-guest) 28.43, Ryanne Perio (C) 22.17, Elaine Gelman (O) 17.89, Rebecca Kueny (O) 15.56
Javelin	Rebecca Kueny (O) 35.56, Helen Hanstock (O) 25.64, Jo Harris (C) 21.03, Ryanne Perio (C) 18.46
4 x 100m	Oxford 54.6, Cambridge (Duke, Tyler, Fielding, Laidlow) 55.8
4 x 400m	Cambridge (Noble 70.2, Burke 69.9, Taylor 67.7, Laidlow 65.5) 4:33.3, Oxford 4: 45.6
<b>Result</b>	<b>Oxford 94, Cambridge 84</b>

- CJRT

## 2008 UNIVERSITY CROSS-COUNTRY RACES ROEHAMPTON VALE, SATURDAY 6<sup>TH</sup> DECEMBER



The 2008 University Cross-Country Races brought with them the usual keen debate of the prospects of the two rivals. Both were set up nicely with the Cambridge ladies keen to put to rest the 2007 memories of losing three of their team before the race and the Oxford gentlemen hoping to show that their promising, but very inexperienced, team of 12 months previously was now in a position to challenge for victory.

By mid-November, race results suggested that the ladies were destined for another close battle whereas for the gentlemen, strong Dark Blue progress coupled with Cambridge's loss of a not insignificant portion of its 2007 team had put the former firmly in the driving seat.

As is so often the case, the final week added further intrigue when Oxford's ladies lost Ali Crocker (New College), a Blue from 2006 and 2007, to injury. However, that they were able to replace her with fellow American, Michelle Sikes (Lincoln), a Rhodes Scholar who had significant form as a former N.C.A.A. 5000m champion and

third-place finisher in the 2007 U.S.A. Track and Field Championships, boded well. Sikes' intention to compete at Beijing had been cruelly ruined by injury and 'Varsity day represented her first competitive outing for nine months. However, with such a pedigree, she had the potential to be Oxford's secret weapon. To add to this, for Cambridge's Charlotte Roach (Trinity), lightning was to strike twice. Ruled out a year ago through injury, she suffered similar heartbreak once again.

However, when the day arrived, Cambridge went into the race in determined mood and took the battle to their rivals and at the end of the first mile – having traversed the watersplash and the thick mud in the woods – were well-placed. However, as the course flattened out at Spring Well Cottage and the Light Blues' initial surge began to wane, Oxford, led by its American track star, began to work their way through as a team and when the Windmill was reached – at about three-miles – Sikes had seized the initiative. She was closely followed by the Can-





tab, Helen Rollins (Corpus Christi) and an ominous pack of Dark Blues.

Over the heavier, rougher elements as the runners weaved back towards the Memorial Playing Fields and the finish, Rollins was able to sneak into the lead and hold it through the dreaded Butts. But with the Oxford

The Varsity races were started by Olympic cycling silver medallist Emma Pooley (first scorer for Cambridge in the 2004 match) but not before she had finished first lady in the Old Blues Race

pack behind her, including the captain, Rachel Deegan (Christ Church), in ninth who was crucially ahead of the Cambridge fourth scorer, their lead was now impregnable.



The only issue left to resolve was the individual honours and Sikes, who had managed to stay in touch with Rollins over her less-favoured muddy sections, was able to force her way ahead in the final run-in to win by just three seconds, thereby becoming the first person in the history of these races to win having initially not been named in the team. Oxford's 15 points to 24 win was their fourth in five years and put them ahead in the series by 20 wins to 13.

Buoyed by this performance, the Oxford gentlemen went into their race in good spirits. And once the race had passed Spring Well Cottage – traditionally the point at which the order has started to settle itself out – it appeared that they were indeed well-placed with Richard Franzese (Worcester), David Bruce (Green Templeton) and Ian Kimpton (Lincoln) keeping the Cantab captain, James Kelly (Jesus), very close company at the front. Behind them, there was big pack developing, but crucially for Oxford, it included Joe Mercer (Green Templeton), Michael Osborne (New College), Alan Chetwynd (Keble) and Tom Samuel (Brasenose).

It was clear that all the Dark Blues needed was a couple of their runners to stay involved in his pack and victory would be theirs. However, as the runners approached the Windmill for the second time – at four miles – the situation was better than they could have reasonably hoped. Led by Osborne – a IV<sup>th</sup> team runner 12 months ago who was having an inspired run – three of Oxford's runners had pulled themselves clear and what could have been a close win was turning into a thumping victory.

By Queensmere and the Butts – a mile from home – Franzese and Bruce had managed to break away from Kelly and with Kimpton, Osborne, Mercer and Chetwynd still well-placed, it looked like Oxford might get its six scorers in the first seven places. Franzese duly pulled clear of Bruce to win by seven seconds. However, in the final run in, Chetwynd, who had only come into the team six days earlier when Heyes (St. John's) withdrew through injury and had raced and won the Tortoises-Spartans match the previous Saturday, finally ran out of steam and was overhauled by two Light Blues.

However, this could not affect the overall result and Oxford had secured a fine 27 points to 53 victory, their first since 2005 and the largest win since 1995. Almost inevitably, given how closely fought this series has been, it brought the overall score level again at 59 wins apiece.

With these results, both sides have plenty to aim for in 2009. Cambridge's ladies will be keen to show that they

can turn potential into success and their gentlemen will be hoping their inexperienced team can make the kind of jump forward that their rivals did this year. However, with Oxford having the bulk of both their sides available, they will too look forward with justifiable optimism.

It should provide for two more intriguing contests. But for now, we should pay tribute to the Dark Blues' two magnificent team performances and, if anyone ever doubts the role of the II<sup>nds</sup>-V<sup>ths</sup> races, it is useful to know that half of Oxford's ladies' team and an impressive seven of the gentlemen's team came to Blues level via that route.

The 'Varsity Cross-Country Races continue to flourish at all levels.



- Simon Molden

### The 33<sup>rd</sup> Ladies' Race

Captains denoted thus \*

4 miles. Oxford won by 15 points to 24

1.	M.Sikes	Lincoln	Oxford	24:36
2.	H.V.Rollins	Corpus Christi	Cambridge	24:39
3.	C.Ansell	Merton	Oxford	24:55
4.	N.Taschimowitz	Trinity	Cambridge	24:59
5.	C.R.Plateau	Oriel	Oxford	25:07
6.	J.R.Leitch	Balliol	Oxford	25:25
7.	C.Bates	Hertford	Oxford	25:35
8.	A.M.Anderson	Girton	Cambridge	25:39
9.	R.S.Deegan*	Christ Church	Oxford	25:45
10.	P.H.R.Keen*	Murray Edwards	Cambridge	26:01
11.	E.L.Figures	Lucy Cavendish	Cambridge	27:20
12.	L.K.Barklie	Magdalene	Cambridge	27:47

### The 118<sup>th</sup> Gentlemen's Race

7½ miles. Oxford won by 27 points to 53

1.	R.C.Franzese	Worcester	Oxford	38:33
2.	D.J.Bruce	Green Templeton	Oxford	38:40
3.	J.M.Kelly*	Jesus	Cambridge	38:56
4.	I.D.Kimpton*	Lincoln	Oxford	39:42
5.	M.A.Osborne	New College	Oxford	40:37
6.	J.M.Mercer	Green Templeton	Oxford	40:42
7.	C.A.M.Bannon	Downing	Cambridge	40:43
8.	T.R.Pattison	Downing	Cambridge	40:45
9.	A.P.Chetwynd	Keble	Oxford	40:47
10.	S.Dobin	Trinity	Cambridge	40:55
11.	T.W.Samuel	Brasenose	Oxford	41:01
12.	M.A.A.Grant	Queens'	Cambridge	41:26
13.	W.J.Mackay	Robinson	Cambridge	41:45
14.	R.B.Brown	Jesus	Cambridge	43:33
15.	S.Ledger	St. John's	Oxford	44:01
16.	M.J.R.Clark	Homerton	Cambridge	44:46

### The 17<sup>th</sup> Old Blues' Race

4 miles. Oxford won by 38 points to 40 (six-to-score)

1.	A.D.Henessey	New College	Oxford	21:10
2.	M.J.Armstrong	Trinity Hall	Cambridge	21:16
3.	O.S.Bristow	Churchill/Queens'	Cambridge	21:20
4.	C.J.W.Daniels	Worcester	Oxford	22:23
5.	A.P.Weir	Magdalen	Oxford	22:40
6.	O.Mytton	Jesus	Cambridge	22:48
7.	R.Hewitt	Jesus	Cambridge	22:49
8.	S.C.Molden	Christ Church	Oxford	22:52
9.	M.J.Bishop	St.Hugh's/New College/ St. Catherine's	Oxford	22:56
10.	R.P.Mathie	Selwyn	Cambridge	23:40
11.	A.W.Arbour	University	Oxford	23:58
12.	D.R.Barker	Downing	Cambridge	24:02
13.	E.J.Pooley	Trinity Hall	Cambridge	24:29 (L)
14.	K.B.Ellison	Girton	Cambridge	25:09 (L)
15.	H.L.B.Owles	Selwyn	Cambridge	25:41 (L)
16.	E.A.Ferenczi	New Hall	Cambridge	25:56 (L)
17.	A.P.Bell	Queens'	Cambridge	26:17
18.	C.E.Day	Queens'	Cambridge	27:44 (L)
19.	T-M.Chen	Non-collegiate	Cambridge	31:14
20.	D.C.B.Jenkins	Emmanuel	Cambridge	39:07



# THE ACHILLES BALL NOVEMBER 2008



ON-LINE OPTION: if you would prefer to save the planet and the Club's funds by opting out of receiving a hard copy this Annual Report by post, please email instructions to [Peter.Crawshaw@achilles.org](mailto:Peter.Crawshaw@achilles.org) - we will notify you annually by email when the latest Report has been added to our website [www.achilles.org](http://www.achilles.org) The on-line version has the added attraction of being in COLOUR!



## THE VARSITY WALKING MATCHES OF THE 1950'S

The article below from the St Catherine's, Oxford, magazine, alerted us to the fact that inter Varsity competitive walking had flourished in the 1950's, long before Tim Berrett (now FIVE times an Olympian) introduced it as a track event when he was OUAC President. **Geoffrey Weston** was undoubtedly the most talented practitioner, and thanks to him we now have a full record of this period in our archive. Furthermore he and **John Lipscomb** have been welcomed into the Club: partial retribution for the 'arrogant rebuff' of the past!



▼ Geoffrey Weston (second from left) in action

### Geoffrey Weston (1956, Modern Languages) recalls his membership of the short-lived, yet successful, Oxford University Walking Club

I arrived at Catz in Michaelmas 1956, fresh from national service and flushed from the success of winning the RAF two-, seven- and fifteen-mile race-walking championships (the first athlete to win all three). There was no organised race walking at Oxford, but I was immediately determined to change that situation. After all, Cambridge University Athletic Club had recently formed a walking section. I discovered a couple of walkers at Teddy Hall, and so we approached the Oxford University Athletics Club and asked if we could form a walking section with a view to including a race against Cambridge. To our dismay, we received an arrogant rebuff from the President, who said he did not regard race walking as an athletic event, and refused to listen to us, despite the long history of race walking in the Olympic Games, and its inclusion in the World Student Games.

A touch of guile was necessary. I secretly persuaded the Cambridge walkers to send a letter to *Cherwell* challenging Oxford to a walking race. Immediately the letter was published, I announced I would take up the challenge, disclosed my credentials, and invited any interested students to a meeting at Catz to discuss how we would go about it. The Oxford University Walking Club (OUWC) was born. On 16 May 1957, Surrey Walking Club (one of the most respected establishments of its kind) sponsored the

▲ Oxford University Walking Club, winners of the 1958 varsity race

*We were delighted to hear a TV commentator remark that Oxford could not beat Cambridge at rowing or athletics, but could trounce them at race walking.*

first Oxford and Cambridge Walking Race over twenty miles on Tooting Common, with eight-a-side scoring.

The Oxford team comprised three from Catz (the other two being John Lipscomb and Tony Copley, both rowers), three from Teddy Hall, two from Wadham and one each from Brasenose and Corpus Christi. The general standard was not high, with a number of competitors on both sides being complete novices, but Oxford won (by eight points). I led all the way to finish almost seven minutes ahead at the close of the race. The media reaction we received was beyond all our expectations. The race was shown on ITV news and Pathé News, while *The Times* published a picture of the start. We were delighted to hear a TV commentator remark that Oxford could not beat Cambridge at rowing or athletics, but could trounce them at race walking.

*By the following winter, Oxford walkers were competing in a number of big open races mostly in the London area, and a series of inter-club matches were organised at home and away against more established clubs including Highgate Harriers and Belgrave Harriers, Trowbridge Athletic Club, Worcester Harriers and Metropolitan Walking Club. Oxford again won the inter-varsity race in 1958, but lost in 1959. Geoffrey Weston was the individual winner in both events. With such a minority sport, continuity was a problem and, after the founding members had gone down, the OUWC found itself without enthusiastic leadership to carry the club forward. The fourth and final inter-varsity race was held in Cambridge in 1960.*



I remember the origin of the equally short-lived Cambridge Walking club. It was set up by a contemporary of mine at Trinity, one Martin (also known as Alan) Trotman [suitable name?]. We both came up in 1955, so that year or more likely 1956, would have been the date of the Cambridge origin. My recollection is that CUAC took no interest whatever in walkers, so I am surprised to see from the article and the programme that CUAC had a walking section.

The walks that Martin organised were all on the road. I think he was involved, at home, with the Surrey Walking Club (his home region).

I remember that Martin used to wear out his socks out very frequently, due to all this walking, so he took to knitting his own, by some system using several needles, which produced a long woollen tube. There seemed no way of making bends to accommodate ankles, nor any real way of starting and finishing - the woollen tube was apparently endless. So you had to cut off lengths, and somehow tie one end up! We all thought this Trotman fellow was mad, and so avoided volunteering to either help or compete.—Chris Thorne



The walks that Martin organised were all on the road. I think he was involved, at home, with the Surrey Walking Club (his home region).

I remember that Martin used to wear out his socks out very frequently, due to all this walking, so he took to knitting his own, by some system using several needles, which produced a long woollen tube. There seemed no way of making bends to accommodate ankles, nor any real way of starting and finishing - the woollen tube was apparently endless. So you had to cut off lengths, and somehow tie one end up! We all thought this Trotman fellow was mad, and so avoided volunteering to either help or compete.—Chris Thorne

TWENTY MILES ROAD WALKING RACE  
(under A.A.A. Laws and R.W.A. Rules)

OXFORD UNIVERSITY WALKING CLUB

and the

CAMBRIDGE UNIVERSITY ATHLETIC CLUB  
(WALKING SECTION)

on

THURSDAY, 16th MAY, 1957

at 3.30 p.m.

from

TOOTING COMMON ATHLETIC TRACK

over a ten lap course on roads around

Tooting Common.

OFFICIALS

Starter : Revd. D.H.A. Christie-Murray.

Referee : L.J. Wells (President, Surrey Walking Club).

Timekeeper : L.W. Woodcock (Hon. Secretary, Race Walking Association).

Judges : (appointed by R.W.A.)

H. Collden (Chief), E. Parslow, L.W. Woodcock,  
L.J. Wells, H.A. Fry, A.F. Stoyell, A.P. Potton,  
A.V. Bell.

Stewards : F. Wilmot, A.G. Morris, V.W. Miles, R. Strowger,  
G.V. Rhodes, K.W. Best and other members of the  
Surrey Walking Club.

Hon. Secretary, Oxford University Walking Club - G.M. Weston.

Hon. Secretaries, Cambridge University A.C. - (B.R. Halson  
(Walking Section) (J.P. Druce

Race Hon. Secretary - A.I. Bell.

COMPETITORS.

OXFORD UNIVERSITY WALKING CLUB.

Time  
H. M. S.

CAMBRIDGE UNIVERSITY ATHLETIC CLUB  
(WALKING SECTION)  
H.

1. D.M. Sutcliffe (St. Edmunds Hall)  
2. G.M. Weston (St. Catherine's)  
3. D. Mussell (St. Edmunds Hall)  
4. D. Ford (St. Edmunds Hall)  
5. J. Lipscombe (St. Catherine's)  
6. A. Copley (St. Catherine's)  
7. R. Murray (Brasenose)  
8. E.W. Mason (Wadham)  
9. P. McCaffery (Corpus Christi)  
10. C.J. Pierpoint (Wadham)  
11.  
12.

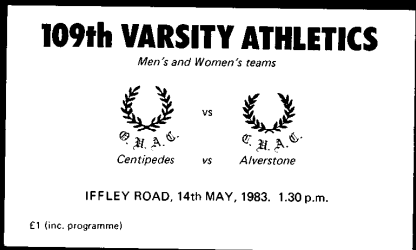
13. B.R. Halson (Jesus)  
14. P. Whitworth (Jesus)  
15. C. Haynes (Jesus)  
16. K. Thomson (Jesus)  
17. J.P. Druce (Emmanuel)  
18. M.L. Passey (Trinity)  
19. E. Boyd (Trinity)  
20. T.W. Marshall (Trinity)  
21. A.H. Trotman (Trinity)  
22. J.B. Alexander (Jesus)  
23.  
24.



## 25 YEARS ON—ACHILLES IN 1983

**John McCabe writes:**

The 1983 Varsity Athletics Match was memorable for a number of reasons, one of which was the increase in profile and publicity of the event itself. We did a lot of publicity, even teaming up with OU Tennis Club, but most of all, printed and distributed free-of-charge via the Blues sports network, 1,000 tickets with a gate price of £1 printed on, all desig-



nated to be given away to friends. The rationale was: what could be less inspiring for a bunch of athletes than performing to an empty stand? – so we fixed that prob-



4x400 relay First Handover  
Oxford's Bowen (50.9) hands over to Rugby Blue Ewart as Stephens (52.2) hands on to Chesworth

lem! The photos show full stands, a capacity crowd who were well rewarded. Secondly, we worked on motivation: people in the team in previous years hardly knew the names of other athletes in different events. To overcome this, we spent the week before the match eating a main meal together in S.E.H every night, we warmed up together, with a suitable war cry, and it was all worth it on the day! - as we beheld the faces of the Cambridge athletes. When we did our team warm-up jog and came past them gathered in the corner of our own home stadium, they looked at us with such bewilderment as if to say - athletes don't



4x400 relay second Handover  
Oxford's Ewart (51.2) hands over to Emery as Chesworth (50.5) hands on to in-form High Jump winner and new Record-holder Llewelyn. Oxford's 800m winner Simon Gisby for the Centipedes is not far behind

do that!

I spoke to a Centipedes 4x400 runner, Charles Holland, about his main memory of the day and he recalls the track invasion at the end of the 4x400 when we won!

Other memories: the modesty of Phil McDonnell, ever understated, who went on to jump an English record of 2.24 in the days when Brits didn't win Silvers at The Olympics. (The High Jump record was repeatedly broken by Phil and Trevor that day) – Matthew Power's outstanding achievement in his stunning 5,000 victory. The sheer fun of the day, as, given that we had had the Oxford Cambridge USA tour in 1981, so many of the athletes were genuine friends. (Neil Leach is one who comes to mind as an awesome athlete as well) Dwayne Heard's record-equalling 7.33 long jump which earned him a Junior GB vest on the spot.



4x 400 final handover  
Oxford's Emery (49.1) hands to McCabe, somehow holding off Cambridge's Llewelyn (48.5), who hands on to 200 and 400 individual winner Keentyside (wearing 2)

Janet Corlett was a great ladies captain, winning her event and praying the men's Captain back into shape after coming a resounding last in the 200. Molly Brennan winning everything in sight. So many people running PB's (Surely Giles Clifford's 1:56.5 was a then-PB?) My last-



ing gratitude to Buster Ewart for strengthening the 4x400 team to make it all possible.

Ladies Captain Janet looking suitably resigned before entering the water-jump. Molly Brennan and Phil Bacon are prime movers in doing the honours with 3 future OUAC presidents Ian Jackson, Martyn Bowen and Giles Clifford in the background



## Notes from a Presidency 1982/83

—from Trevor Lewelyn

It is amazing how an e-mail from our Hon Secretary can sharpen the mind into remembering events from a quarter of a century ago. That and the discovery in the loft of a rather faded green file labelled 'CUAC and Achilles'. A file containing amongst other memories, my hand written Varsity Match team sheets complete with names ticked as they got on the coach to go to Oxford that May Saturday in 1983. There are dinner menus covered with the signatures of team mates who in many cases I have not seen for years, minutes of committee meetings I barely remember chairing and newsletters, reproduced on 'bander' machines which I cannot remember writing.

These are then my recollections of a year as President of CUAC. Incomplete certainly, but I hope those who experienced it with me will be able to fill in at least some of the gaps.

### The Winter

Athletics at Oxford and Cambridge is truly a year round sport. Terms are short and then as now there was the Freshers Match, Field Events Match and the Relays to which we were committed and for which we had to train. Facilities were certainly basic by today's standards and track sessions in the winter were more often than not carried out on the 'Rubtan' strip that ran inside the track at Milton Road. The only way it could be reached was by a pair of builders planks acting as a bridge across what at times could only be described as frozen porridge. Perhaps not surprisingly the numbers making the mile and a half journey out of town to the track dwindled rapidly during the Lent Term. More popular though were the 'circuit' sessions that were held in the tiny wooden floored gym in Fenners on a Thursday evening. Run by the institution that was CUAC coach Roy Carter, it was one of few times that athletes of all disciplines came together in the same place at the same time to be put through their paces. Few who attended will be able to forget the 'duck walks' which caused thighs to scream in pain or the highly competitive minute shuttle runs that were so often the culmination of the session pitting sprinters against jumpers, middle distance runners against throwers with the result not always as obvious as it might seem.

### The Freshers Match

In the 1970's and 1980's it was traditional for Cambridge to win the Freshers match, held in October and very soon after the start of term. Principally this was because Cambridge held Coppers in the week before the match so they at least had some current form to go on. 1982 was no exception and we comfortably won both the Freshers men's match by 108 points to 76 and the Ladies match (which was not confined to fresher's) by 71 to 52.

### The Field Events Match

The Field events match was held (for men only in those days) at Oxford in February and rather unusually for an athletics match, on a Monday. Cambridge won by a very healthy five events to two with the highlight being a record in the high jump where Julian Roney, Paul Byrne and Wally Dixon joined me to post a combined total of 7m 50cm. We also won the Long and Triple Jumps, Shot and perhaps most surprisingly the Pole Vault. Surprising because I wrote in a club newsletter only a couple of weeks before the event, the following - 'if anyone knows where we can beg, steal or borrow four pole vaulters, please let me know'.

### The Relays

In the early 80's the relays match was held in conjunction with the Varsity Games at Crystal Palace. However, in 1983 the 'Palace' track was being relaid and the nearest available alternative was at Norman Park in Bromley. Teams from Achilles, Blackheath Harriers and Bromley Ladies joined us for the afternoon. In the end Cambridge came out winners 5 events to 2 in the men's event and honours were shared in the women's match at two apiece.

Apart from the Field Events and Relays the winter saw us venture far and wide in search of competition. A Harlow Open Meeting in February was supported by a small but committed contingent of CUAC members, braving arctic conditions to run in a series of 300m and 600m races on a track rapidly freezing over. Lycra was only just making an appearance in those days and Ron Hill tracksters were the closest item of clothing that most of us had to figure hugging leggings. The traditional relays match against Essex Beagles took place at Hornchurch over a variety of unusual distances and we even made the three hour journey over to Loughborough to take part in a sprints, jumps

and hurdles match. Today Loughborough, as a National High Performance Centre, has a state of the art indoor training facility. In 1983 we had to make do with a sports hall in which the sprinters had no choice but to trust to some rather threadbare crash mats to slow themselves down.

Social events that winter included a disco at Grange Road rugby club (entrance fee 50p) and a club dinner (the first in a number of years) held at the University Arms Hotel. Tickets went for a very reasonable £12 for a single ticket and £23 for a double. The menu, for those that wish to be reminded was a sumptuous four course affair with a consommé starter followed by rainbow trout with lamb for main course and pineapple surprise for dessert.

### The Summer

Looking back now at the fixture card for the summer of 1983 I am amazed at how we managed to squeeze seven fixtures (including the Varsity Match) into a three week period.

Our first outing was against Woodford Green on Saturday April 23<sup>rd</sup>. This was quickly followed by an Alverstone and Ladies match against Bedford two days later and two days after that the Ladies competed against the RAF at Milton Road. We also managed to fit in fixtures against the Bank of England and Loughborough as well. Add to that the UAU Championships and for some British League duties for their clubs, it is a wonder that any academic work got done at all!

### The Varsity Match

Selecting a team for the Varsity Match is both an art and a science. It is rare that presidents have the luxury of being able to fill every available slot with just the person they want. Injuries, illness or more likely simply not having a B string of the right calibre often means asking people to double (or even treble) up when they would rather concentrate on their main event. I remember clearly Tony Ploszajski writing to me personally to ask if I would compete in both the High Jump and Long Jump in the 1982 Varsity Match. The Alverstone match too has to be considered and Ed Friend my Secretary and Alverstone Captain found ourselves agonising over the selection of the two teams. Even when the selection letters had been delivered and the team published in Ryder and Amies I still found myself wondering if I really had made the wisest decisions.

In the days before e-mail, the team selection had to be sent to the 'hosting' president in enough time for the programme to be printed. Of course both presidents wanted to keep their teams secret for as long as possible so details were released as late as the printers would allow us, usually the Wednesday before the match. With my team not finalised it became clear that if we were to rely on the Royal mail, I was not going to make the deadline. At this point John McCabe had the ingenious idea of using an unsuspecting passenger on a 'National' coach travelling between the two universities to courier my team list to Oxford thus pushing the deadline, by which I had to get my team to him, back by some twenty four hours!

In the end the men's blues match was a close fought affair with vital A string victories being traded all afternoon. Match records by Nigel Spivey in the Hammer and myself in the High Jump were great morale boosters but we could not stop Oxford snatching those vital third places. With the relays to run the score was 98 – 100 in Oxfords favour and only a victory in both the 4 x 100m and 4 x 400m would see the trophy return to the Fens for a third successive year. The 4 x 100m slipped from our grasp and only Oxford's disqualification in the final event of the meeting stood between them and victory. I remember clearly handing the baton over to Simon Keenlyside, then a St John's choral scholar, now a world famous baritone, at the end of the third leg and watch him chase John McCabe up the back straight. The gap closed, but not enough. Oxford had won the race and with it the Varsity match.

The Alverstone v Centipedes match went Oxfords way too and it



Simon Glsby, 800m winner



Molly Brennan

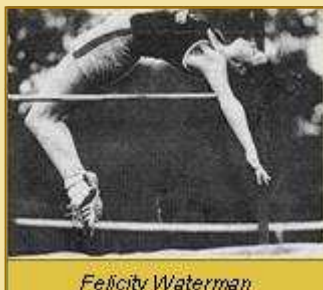
was left to our ladies team to restore some light blue pride. A winning run dating back to 1978 gave the Ladies a great deal of confidence and three wins by Amma Kyei Mensah and records by Sue Parker (800m) and Joan Lewtas (1500m) should have seen us comfortably home. Credit though to Oxford who simply would give up and Molly Brennan's memorable wins in the 100m, 200m and 400m (as well as contributing to Oxfords win in the 4 x 100m) allowed them to get within four points at the finish, one of the closest results ever.

While up at university the Varsity Match meant everything to those involved in Cambridge athletics and I am sure the same was true at Oxford. It was the culmination of a year of work both on and off the track. Winning the match brought with it an

intensity of emotion that was extraordinary while defeat was deflating and miserable. No other athletics match with which I have been involved has come close to creating such a feeling of team spirit. What is interesting though is how quickly the need to see Cambridge win has faded. Now, making the annual trip to the Varsity match is much more about meeting up with friends from both universities. If you are a regular visitor these days you will know what I mean, if not put Saturday May 16<sup>th</sup> 2009 into your diary, programme Wilberforce Road, Cambridge into your sat nav and book a place at the Achilles dinner. See you there.

**The Presidents and Captains of the University clubs were: OUAC John McCabe and Janet Corlett, CUAC Trevor Llewellyn and Sally Needham**

The **Field Events Match** (at this date still for men only) was held at Iffley Road on **28 February**. Cambridge won by 5 events (High Jump, in which the quartet of Roney, Llewellyn, Dixon and Byrne set a record of 7.50m, Long Jump, Triple Jump, Pole Vault and Shot) to 2 (Discus and Javelin). The **Relays Match** was held at the un-



Felicity Waterman

usual venue of Bromley (there seems to have been an interruption in the Crystal Palace sequence) on **3 March 1983**. Achilles and Blackheath teams also competed in the mens' match, and strong home teams from Bromley in the womens'. Cambridge beat Oxford in 5 of the mens' relays, Oxford winning the remaining two. In the womens' match the Universities were tied, winning two events each (Oxford the shorter 4 x 100 and 4 x 400, Cambridge the medley and the 3 x 800m).

The first part of the Easter Term 1983 saw both Universities holding their usual matches, against such clubs as the Army, Navy, RAF, Ilford, Essex Beagles, Woodford Green and Bank of England, in the lead-up up to the **Varsity Match**, which was held at Iffley Road (at which venue it would remain until the new

CUAC track was built) on **14 May**. The results were:

#### **MEN, Blues Match**

100m C. Chollerton (O) 11.2, M. Cheesman (C) 11.5, R. Williams (O) 11.5, S. Smith (C) 11.7

200m S. Keenlyside (C) 22.4, C. Chollerton (O) 22.6, M. Cheesman (C) 22.7, J. McCabe (O) 22.7

400m S. Keenlyside (C) 48.6, J. McCabe (O) 49.1, D. Emery (O) 50.4, D. Stephens (C) 51.5

800m S. Gisby (O) 1:56.1, D. Higgins (C) 1:56.5, G. Clifford (O) 1:56.5, M. Gordon (C) 1:59.6

1500m N. Leach (C) 3:53.8, M. Darville (O) 3:57.1, J. Barton (C) 3:57.1, M. Noden (O) 4:00.4

5000m M. Power (O) 14:53.3, A. Deighton (C) 14:59.7, A. Leach (O) 15:04.8, A. Richardson (C) 15:09.6

110m hurdles H. Somerset (C) 15.8, C. Oswald (C) 15.9, A. Jones (O) 15.9, D. Matovu (O) 19.3

200m hurdles H. Somerset (C) 25.6, A. Jones (O) 26.0, N. Chesworth (C) 26.8, M. Davidson (O) 29.8

400m hurdles A. Jones (O) 56.5, N. Chesworth (C) 57.0, M. Bowen (O) 57.5, R. Richards (C) 58.2

Steeplechase P. Bristow (C) 9:17.8, C. Blythe (O) 9:26.9, K. Rutledge (O) 9:45.0, H. Davis (C) 9:48.3

High Jump T. Llewellyn (C) 2.18 **record**, P. McDonnell (O) 2.16, W. Dixon (C) 2.00, N. Thompson (O) 1.90

Pole Vault M. Edwards (O) 3.50, D. Eckley (O) 3.30, A. Birch (C) 3.00, J. Birch (C) 3.00

Long Jump D. Heard (O) 7.33 **equals record**, L. Neil (C) 6.98, T. Llewellyn (C) 6.89, D. Stone (O) 6.80

Triple Jump L. Neil (C) 14.48, P. Burrows (O) 13.46, M. Pardoe (C) 13.03, C. Hovenden (O) 12.90

Shot A. Morris (C) 14.04, P. Mbu (O) 13.34, I. Jackson (O) 13.10, P. Lillington (C) 11.92

Discus I. Jackson (O) 44.56, P. Mbu (O) 41.58, G. Wetherall (C) 37.52, N. Spivey (C) 36.80

Hammer N. Spivey (C) 53.08 **record**, V. Miihkinen (O) 52.20, S. Clark (O) 47.46, G. Wetherall (C) 47.10

Javelin A. Duncan (O) 55.90, A. Morris (C) 52.38, M. Porter (O) 44.40, M. Dinwoodie (C) 39.36

4 x 100m Oxford 43.2, Cambridge (Cheesman, Fowler-Watt, Smith, Keenlyside) 43.3

4 x 400m Oxford (Bowen 50.9, Ewart 51.2, Emery 49.1, McCabe 48.5) 3:19.7, Cambridge (Stephens 52.2, Chesworth 50.5, Llewellyn 48.5, Keenlyside 49.9) 3:21.1

**Result Oxford 110, Cambridge 102**

#### **WOMEN, Blues Match**

100m M. Brennan (O) 12.8, S. Needham (C) 13.1, E. Pearson (O) 13.2, J. Rout (C) 13.3



**The Presidents and Captains of the University clubs were: OUAC John McCabe and Janet Corlett, CUAC Trevor Llewelyn and Sally Needham**

The **Field Events Match** (at this date still for men only) was held at Iffley Road on **28 February**. Cambridge won by 5 events (High Jump, in which the quartet of Roney, Llewelyn, Dixon and Byrne set a record of 7.50m, Long Jump, Triple Jump, Pole Vault and Shot) to 2 (Discus and Javelin). The **Relays Match** was held at the unusual venue of Bromley (there seems to have been an interruption in the Crystal Palace sequence) on **3 March 1983**. Achilles and Blackheath teams also competed in the mens' match, and strong home teams from Bromley in the womens'. Cambridge beat Oxford in 5 of the mens' relays, Oxford winning the remaining two. In the womens' match the Universities were tied, winning two events each (Oxford the shorter 4 x 100 and 4 x 400, Cambridge the medley and the 3 x 800m).

**The first part of the Easter Term 1983** saw both Universities holding their usual matches, against such clubs as the Army, Navy, RAF, Ilford, Essex Beagles, Woodford Green and Bank of England, in the lead-up up to the **Varsity Match**, which was held at Iffley Road (at which venue it would remain until the new CUAC track was built) on **14 May**. The results were:

#### **MEN, Blues Match**

100m C. Chollerston (O) 11.2, M. Cheesman (C) 11.5, R. Williams (O) 11.5, S. Smith (C) 11.7  
200m S. Keenlyside (C) 22.4, C. Chollerston (O) 22.6, M. Cheesman (C) 22.7, J. McCabe (O) 22.7  
400m S. Keenlyside (C) 48.6, J. McCabe (O) 49.1, D. Emery (O) 50.4, D. Stephens (C) 51.5  
800m S. Gisby (O) 1:56.1, D. Higgins (C) 1:56.5, G. Clifford (O) 1:56.5, M. Gordon

**1938:** 12th March. The BBC televised their first ever athletics meeting when they covered the Oxford versus Cambridge Varsity Sports that year.



Dinner Chairman after the 1968 Varsity Match was **Bonzo Howland**, silver medallist in the shot at the Empire Games of 1930 and 1934, and by 1939 the holder of the record number of international appearances for Britain

(C) 1:59.6  
1500m N. Leach (C) 3:53.8, M. Darville (O) 3:57.1, J. Barton (C) 3:57.1, M. Noden (O) 4:00.4  
5000m M. Power (O) 14:53.3, A. Deighton (C) 14:59.7, A. Leach (O) 15:04.8, A. Richardson (C) 15:09.6  
110m hurdles H. Somerset (C) 15.8, C. Oswald (C) 15.9, A. Jones (O) 15.9, D. Matovu (O) 19.3  
200m hurdles H. Somerset (C) 25.6, A. Jones (O) 26.0, N. Chesworth (C) 26.8, M. Davidson (O) 29.8  
400m hurdles A. Jones (O) 56.5, N. Chesworth (C) 57.0, M. Bowen (O) 57.5, R. Richards (C) 58.2  
Steeplechase P. Bristow (C) 9:17.8, C. Blythe (O) 9:26.9, K. Rutledge (O) 9:45.0, H. Davis (C) 9:48.3  
High Jump T. Llewelyn (C) 2.18 **record**, P. McDonnell (O) 2.16, W. Dixon (C) 2.00, N. Thompson (O) 1.90  
Pole Vault M. Edwards (O) 3.50, D. Eckley (O) 3.30, A. Birch (C) 3.00, J. Birch (C) 3.00

## 40 YEARS ON

### OXFORD v. CAMBRIDGE (94th Match)

White City Stadium, West London, May 11th, 1968

#### 100 Yards.

1. M. Hauck (O.), 10.0 sec.
2. M. Winbolt-Lewis (C.), 10.0 sec.
3. R. Green (C.), 10.0 sec.
4. A. Shoebridge (O.),

#### 220 Yards.

1. M. Hauck (O.), 21.7 sec.
2. M. Winbolt-Lewis (C.), 22.0 sec.
3. R. Green (C.), 22.1 sec.
4. A. Ronay (O.), 22.9 sec.

#### 440 Yards.

1. M. Winbolt-Lewis (C.), 47.3 sec.
2. R. Green (C.), 48.1 sec.
3. M. Hauck (O.), 48.4 sec.
4. R. Coates (O.), 52.0 sec.

#### 880 Yards.

1. D. Perry (O.), 1 min. 54.9 sec.
2. J. Pickles (C.), 1 min. 55.0 sec.
3. C. Cusick (C.), 1 min. 55.4 sec.
4. M. Warburton (O.), 1 min. 56.0 sec.

#### One Mile.

1. J. Rix (O.), 4 min. 10.3 sec.
2. J. Beckett (O.), 4 min. 13.3 sec.
3. R. Cross (O.), 4 min. 14.2 sec.
4. D. Bryant (C.), 4 min. 14.6 sec.

#### Three Miles.

1. H. Altmann (O.), 13 min. 51.8 sec.
2. J. Waterhouse (O.), 13 min. 57.4 sec.
3. J. Farmer (C.), 14 min. 04.0 sec.
4. H. Chadwick (C.), 14 min. 18.2 sec.

#### 120 Yards High Hurdles.

1. J. Crossman (C.), 15.9 sec.
2. P. de Villiers (O.), 16.3 sec.
3. R. Young (C.), 16.5 sec.
4. D. Clementi (O.), 16.6 sec.

#### 220 Yards Low Hurdles.

1. P. de Villiers (O.), 25.2 sec.
2. D. Clementi (O.), 26.6 sec.
3. R. Clements (C.), 27.6 sec.
4. J. Crossman (C.),

#### 440 Yards Intermediate Hurdles.

1. I. Dawes (O.), 55.4 sec.
2. G. Eltringham (C.), 55.6 sec.
3. D. Clementi (O.), 55.8 sec.
4. R. Willey (C.), dnf

#### 3,000 Metres Steeplechase.

1. P. Braithwaite (O.), 9 min. 07.8 sec.
2. J. Hazelden (C.), 9 min. 19.6 sec.
3. P. Bernstein (C.), 9 min. 41.2 sec.
4. R. Jones (O.), 10 min. 24.0 sec.

#### High Jump.

1. C. Pardoe (O.), 6 ft. 4 in.
2. J. Arriens (C.), 5 ft. 10 in.
3. J. Antill (O.), 5 ft. 8 in.
4. F. Gayford (C.), 5 ft. 8 in.

#### Pole Vault.

1. H. Wagenseil (O.), 12 ft. 0 in.
2. C. Kidd (O.), 11 ft. 0 in.
3. T. Wightman (C.), 10 ft. 0 in.
4. N. Quinn (C.), 10 ft. 0 in.

#### Long Jump.

1. A. Shoebridge (O.), 22 ft. 0 in.
2. G. Maddocks (O.), 22 ft. 0 in.
3. D. Mylrea (C.), 21 ft. 5 in.
4. J. Monahan (C.), 19 ft. 11 in.

#### Triple Jump.

1. A. Shoebridge (O.), 46 ft. 7 in.
2. L. Griffin (O.), 46 ft. 4 in.
3. R. Tailby (C.), 44 ft. 10 in.
4. J. McGillivray (C.), 41 ft. 9½ in.

#### Shot Putt.

1. C. Cogswell (C.), 47 ft. 11½ in.
2. A. Loader (C.), 46 ft. 5¼ in.
3. R. Speed (O.), 44 ft. 11 in.
4. A. Shantsis (O.), 43 ft. 3¼ in.

#### Discus.

1. R. Bardelang (C.), 137 ft. 7 in.
2. C. Cogswell (C.), 135 ft. 1 in.
3. D. Henry (O.), 133 ft. 3 in.
4. R. Speed (O.), 108 ft. 8 in.

#### Javelin.

1. A. Heath (O.), 213 ft. 11 in.
2. C. Butterworth (O.), 203 ft. 11 in.
3. I. Perring (C.), 199 ft. 4 in.
4. L. Hatten (C.), 185 ft. 10 in.

#### Result

1st Oxford, 90 points.  
2nd Cambridge, 63 points.